

Jordan Zimmerman

Curriculum Vitae – Updated November 2024
Department of Psychology, Harvard University
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EDUCATION

Harvard University

August 2022 – Present

Doctoral Student (PhD), Clinical Science
Advisor: Jill M. Hooley, Ph.D.

Vanderbilt University

August 2015 – December 2018

B.S., Cognitive Science & Educational Studies, *Summa Cum Laude*
Minor: Spanish Language & Literature
Advisor: Sarah Brown-Schmidt, Ph.D.

PUBLISHED MANUSCRIPTS

Zimmerman, J., & Hooley, J. M. (In Press). The Differential Roles of Perceived Criticism and Self-Criticism in the Functions of Non-Suicidal Self-Injury. *Journal of Emotion and Psychopathology*.

Lord, K., **Zimmerman, J.,** Duff, M., & Brown-Schmidt, S. (2023). Memory for Social Media Images Following Traumatic Brain Injury. *Brain Injury*, 1-11.

Zimmerman, J., DeTore, N. R., Deng, W., Burke, A.S., Nyer, M., & Holt, D. J. (2022). Worsening of Psychotic Experiences in College Students during the COVID-19 Pandemic. *Schizophrenia Research*, 256, 133.

Zimmerman, J., Rezende, A., Wright, A., Lord, K., & Brown-Schmidt, S. (2022). Cognitive Implications of Engaging with “Fitspiration” Content on Social Media. *Collabra: Psychology*, 8(1): 37458.

DeTore, N. R., Luther, L., Deng, W., **Zimmerman, J.,** Burke, A.S., Nyer, M., & Holt, D. J. (2022). Efficacy of a Transdiagnostic, Prevention-Focused Program for At-Risk Young Adults: A Waitlist-Controlled Trial. *Psychological Medicine*, 1-10.

Holt, D.J., Zapetis, S.L., Babadi, B., **Zimmerman, J.,** & Tootell, R.B. (2022). Personal Space Increases During the COVID-19 Pandemic in Response to Real and Virtual Humans. *Frontiers in Psychology*, 13.

Zimmerman, J., & Brown-Schmidt, S. (2022). #foodie: Think Before you Type on Instagram. *Frontiers for Young Minds*, 10:690411.

Zimmerman, J., & Brown-Schmidt, S. (2020). #foodie: Implications of Interacting with Social Media for Memory. *Cognitive Research: Principles and Implications*, 5, 1-16.

MANUSCRIPTS SUBMITTED AND UNDER REVIEW

Zimmerman, J., Mair, P., & Hooley, J.M. (In revision). Interpretation and Memory for Ambiguity in Digital Contexts: Perceived Criticism, Social Anxiety, and Other Vulnerability Factors.

Holt, D. J., Detore, N. R., Aideyan, B., Utter, L., Vinke, L., Johnson, D.S., **Zimmerman, J.,** Dokholyan, K. N., & Burke, A. (In revision). Enhancing Social Functioning using Multi-user, Immersive Virtual Reality.

Holt, D. J., Sussman, R., Johnson, D., Vinke, L., Berman, T., **Zimmerman, J.,** Utter, L., Burke, A., DeTore, N.R. (Submitted). Candidate Targets for Resilience Training to Reduce Transdiagnostic Risk for Mental Illness.

Schuster, R. M., DeTore, N. R., Whitaker, Y. I., Knoll, S. J., **Zimmerman, J.**, Hughes, D. E., Rychik, N., Evins, A. E., Coman, D. C., Cather, C., & Holt, D. J. (Submitted). School Screening for Psychotic Experiences in Adolescents Detects Untreated Psychiatric Illness.

PRESENTATIONS

Zimmerman, J., Mair, P., & Hooley, J.M. (2024, October). Interpretation and Memory for Ambiguity in Digital Contexts: Perceived Criticism, Social Anxiety, and Other Vulnerability Factors. Poster presentation at the Society for Research in Psychopathology Annual Meeting, Montreal, Canada.

Zimmerman, J., Finch, E.F., Boccagno, C., & Hooley, J.M. (2023, March). The Differential Roles of Perceived Criticism and Self-Criticism in Non-Suicidal Self-Injury. Poster presentation at the International Convention of Psychological Science (ICPS) Annual Meeting, Brussels, Belgium.

Whitaker, Y.I., DeTore, N.R., **Zimmerman, J.**, Rychik, N.S., Burke, A.S., Aideyan, B., Schuster, R.M., & Holt, D.J. (2022, November). Resilience Training in Transdiagnostically At-Risk Adolescents with Subclinical Psychotic Symptoms: A Single-Arm Pilot Study. Poster presentation at the Association of Behavioral and Cognitive Therapies Annual Meeting, New York, NY.

DeTore, N. R., **Zimmerman, J.**, Mueser, K.T., & Holt, D. J. (2022, September). Levels of Depression Moderates the Longitudinal Relationship between Subclinical Hallucinations and Delusions. Poster presentation at the Society for Research in Psychopathology Annual Meeting, Philadelphia, PA.

Sussman, R. F., **Zimmerman, J.**, DeTore, N. R., Burke, A.S., Utter, L., Aideyan, B., Holt, D. J. (2022, September). Psychotic Experiences and Emotional Reactivity Predict Worse Functional Outcomes in College Students. Poster presentation at the Society for Research in Psychopathology Annual Meeting, Philadelphia, PA.

Sussman, R. F., **Zimmerman, J.**, DeTore, N. R., Williams, M., Burke, A.S., Utter, L., Aideyan, B., Holt, D. J. (2022, April). How Resilience Training Impacts Emotional Reactivity and Psychotic Experiences. Poster presentation at the Tufts NeuroNetwork Open House, Boston, MA.

Sussman, R. F., **Zimmerman, J.**, DeTore, N. R., Williams, M., Burke, A.S., Utter, L., Curren, L., Aideyan, B., & Holt, D. J. (2022, March). Psychotic Experiences, Emotional Reactivity, and Resilience Training. Poster presentation at the 10th Annual MGH Public and Community Psychiatry Symposium, Boston, MA.

Zimmerman, J., DeTore, N. R., Burke, A.S., Nyer, M., Curren, L., Aideyan, B., Luther, L., & Holt, D. J. (2021, November). Enhancing Resilience through a Transdiagnostic, Mindfulness-based Intervention: Initial Validation and Acceptability of a Virtual Delivery Method. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Meeting.

Zimmerman, J., Rezende, A., Wright, A., Lord, K., & Brown-Schmidt, S. (2021, November). Cognitive Processing of Social Media “Fitspiration” Material is Linked to Disordered Eating Symptomology. Poster presentation at the American Psychological Association Technology, Mind, & Society Annual Showcase.

Zimmerman, J., DeTore, N. R., Luther, L., Burke, A.S., Nyer, M., & Holt, D. J. (2021, September). Worsening of Subclinical Psychotic Symptoms during the COVID-19 Pandemic: A Longitudinal Analysis. Poster presentation at the Society for Research in Psychopathology Annual Meeting.

DeTore, N. R., Luther, L., **Zimmerman, J.**, Deng, W., Burke, A.S., Nyer, M., & Holt, D. J. (2021, September). A Waitlist Controlled Trial of a Transdiagnostic, Prevention-Focused Program for At-Risk Young Adults. Poster presentation at the Society for Research in Psychopathology Annual Meeting.

Zimmerman, J., DeTore, N. R., Deng, W., Burke, A.S., Nyer, M., Luther, L., Namey, L., Landa, C., Harrison, E., Waldheter, E., & Holt, D. J. (2021, August). Predictors of Mental Health and Coping Mechanisms in College Students during the COVID-19 Pandemic. Poster presentation at the American Psychological Association Annual Convention.

- Zimmerman, J.,** Luther, L., Deng, W., DeTore, N. R., Burke, A.S., Nyer, M., & Holt, D. J. (2021, April). Functional Connectivity of the Salience Network is Linked to Social Mentalizing Ability in a Transdiagnostic Sample of At-Risk Young Adults. Poster presentation at the Society of Biological Psychiatry Annual Meeting.
- Zimmerman, J.,** DeTore, N. R., Burke, A.S., Nyer, M., Curren, L., Aideyan, B., Luther, L., Namey, L., & Holt, D. J. (2021, March). Enhancing Resilience in At-Risk Young Adults: Initial Validation of a Virtual Delivery Method. Poster presentation at the 9th Annual MGH Public and Community Psychiatry Symposium, Boston, MA.
- Zimmerman, J.,** Rezende, A., Wright, A., Lord, K., & Brown-Schmidt, S. (2021, March). #fitspo: Cognitive Implications of Engaging with “Fitspiration” Content on Social Media. Short talk presentation at the 34th Annual CUNY Conference on Human Sentence Processing, Philadelphia, PA.
- Zimmerman, J.,** DeTore, N. R., Deng, W., Burke, A.S., Nyer, M. Luther, L., Namey, L., Landa, C., Harrison, E., Waldheter, E., & Holt, D. J. (2020, October). Qualitative Feedback about a Resilience Training Intervention for At-Risk College Students. Poster presentation at the 18th Annual MGH Clinical Research Day, Boston, MA.
- Zimmerman, J. &** Brown-Schmidt, S. (2020, March). #foodie: Implications of Interacting with Social Media for Memory. Poster presentation at the 33rd Annual CUNY Conference on Human Sentence Processing, Amherst, MA.

RESEARCH EXPERIENCE

Graduate Student Researcher

August 2022 – Present

Harvard University
Department of Psychology, Clinical Science Program
Clinical Research Laboratory
Supervisor: Jill M. Hooley, Ph.D.

Projects:

Interpretation and Memory Biases in Digital Contexts: Implications for Social Functioning and Psychopathology

The Differential Roles of Perceived Criticism and Self-Criticism in the Functions of Non-Suicidal Self-Injury

Perceived Criticism and Praise on Social Media Platforms in Clinical and Non-Clinical Populations

Clinical Research Coordinator II

June 2020 – June 2022

Massachusetts General Hospital
Department of Psychiatry, Athinoula A. Martinos Center for Biomedical Imaging
Emotion and Social Neuroscience Laboratory; Resilience and Prevention Program
Supervisors: Daphne J. Holt, M.D., Ph.D. & Nicole R. DeTore, Ph.D.

Projects:

Mental Health on the College Campus: Longitudinal Predictors of Psychopathology and Functioning in Young Adults

The Effects of a Transdiagnostic, CBT-Based Intervention on Neural Mechanisms of Psychopathology and Resilience in Young Adults At-Risk for Severe Mental Illness

The Effects of a Virtual-Reality-Based Intervention and Personal Space Manipulation on Resilience and Social Functioning

Optimizing a Novel, School-Based Intervention for Early Detection and Prevention of Psychotic Disorders: Neural Mechanisms and Risk Factors for Mental Illness Among Adolescents

Lab Manager*June 2019 – June 2020*

Vanderbilt University
Department of Psychology and Human Development
Conversation Laboratory
Supervisor: Sarah Brown-Schmidt, Ph.D.

Projects:

Cognitive Processes of Engagement with Dieting and Fitness Material on Social Media: Implications for Individuals with Disordered Eating Behaviors

Memory for Social Media Engagement: Exploring the “Generation Effect” in the Contexts of Instagram and Disordered Eating

Effects of Induced Mood on Later Recall of Two-Party Conversation

Language Processing and Production in Social Media Contexts among Individuals with Traumatic Brain Injury

Clinical Research Assistant*August 2019 – May 2020*

Vanderbilt University Medical Center
Department of Psychiatry
Blackford Lab
Supervisor: Jennifer Blackford, Ph.D.

Projects:

Fear Conditioning and Generalization in Adolescents with Anxiety Disorders: Neural and Physiological Responses to Unpredictable Threat

Anxiety Neurocircuitry and Stress Reactivity in Adults Recovering from Alcohol Use Disorder

Research Assistant*August 2017 – June 2019*

Vanderbilt University
Department of Psychology and Human Development
Conversation Laboratory
Supervisor: Sarah Brown-Schmidt, Ph.D.

Projects:

Memory for Social Media Engagement: Exploring the “Generation Effect” in the Contexts of Instagram and Disordered Eating

The Effects of Elaborative Encoding on Memory for Conversation: Implications for Eye-Witness Testimony

CLINICAL EXPERIENCE

Practicum Student*September 2024 – Present*

Dauten Family Center for Bipolar Treatment Innovation
Massachusetts General Hospital
Supervisor: Stephanie Roberts, Ph.D.
Boston, MA

Practicum Student*June 2023 – Present*

OCD Institute, McLean Hospital
Adult Residential Program
Supervisors: Michèle Candrian, Ph.D., & Nathaniel Van Kirk, Ph.D.
Belmont, MA

Observational Practicum Student*February 2023 – May 2023*

Cambridge Health Alliance (CHA)
Adult, Adolescent, & Neurodevelopmental In-Patient Units
Supervisor: Adam Conklin, Ph.D.
Cambridge, MA

Diagnostic Assessor*June 2020 – June 2022*

Massachusetts General Hospital
Resilience and Prevention Program (RAPP)
Boston, MA

Recovery Assistant*October 2018 – June 2019*

Cumberland Heights Addiction Recovery Center
Youth & Adult Women's Residential Programs
Nashville, TN

Counseling Intern*August 2017 – December 2018*

Vanderbilt School-Based Counseling Program
Metro Public Schools
Nashville, TN

TEACHING EXPERIENCE

Instructor*September 2024 – Present*

PSY 971: Contemporary Issues in Psychology: Intensive Cross-level Analyses
Harvard College
Concepts taught: scientific writing, research methodology, critical thinking, evaluation of empirical papers
Responsibilities as sole instructor: syllabus design, lesson planning, lectures & discussions, grading assignments

Group Leader and Discussion Facilitator*June 2023 – Present*

OCD Institute
Belmont, MA
Concepts taught: psychoeducation and emotion regulation skills (e.g., CBT, DBT, ACT)
Responsibilities: independent group leading, manual design, lesson planning, EHR documentation

Mathematics Enrichment Teacher*January 2019 – June 2019*

Cumberland Heights ARCH Academy High School
Nashville, TN
Concepts taught: algebra – AP Calculus
Responsibilities: lesson planning, direct instruction, GED preparation, grading assignments, exam proctoring

Private Math Tutor*August 2018 – December 2018*

Nashville, TN
Concepts taught: 6th grade algebra, trigonometry, geometry
Responsibilities: individualized lesson planning, direct instruction

Early Education Practicum Student*August 2015 – May 2017*

Nashville, TN Metro Public Schools
Concepts taught: early literacy and reading comprehension (1st grade)
Responsibilities: direct instruction

Lead Instructor*May 2015 – August 2017*

Mathnasium of Brookhaven

Atlanta, GA

Concepts taught: Pre-K foundational math – AP Calculus

Responsibilities: management of instructor training and scheduling, lesson planning, direct instruction

SELECTED SKILLS

Computer Software and Technological Skills

R (frequentist and Bayesian statistical modeling)
Python (machine learning algorithms & NLP)
Shiny App interactive plotting
SPSS
Microsoft Excel
MATLAB
EPIC

FreeSurfer brain imaging software
Siemens 3-Tesla MRI scanners
Electromyography (EMG)
Galvanic skin response (GSR)
Eye-tracking software
REDCap & Qualtrics
Prolific & Amazon Mechanical Turk

Diagnostic Interview and Neurocognitive Assessment Experience

Structured Interview for Psychosis-risk Syndromes (SIPS)
Mini International Neuropsychiatric Interview (MINI) & MINI-K
Positive and Negative Syndrome Scale (PANSS)

Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS)
Structured Clinical Interview for DSM-5 (SCID-5)
Wide Range Achievement Test (WRAT)
Wechsler Adult Intelligence Scale (WAIS-IV)

GRANTS, HONORS AND SCHOLARSHIPS

Restricted Funds Research & Travel Grant (\$500) (2x), Harvard University	2024
Restricted Funds Research Grant (\$5,000), Harvard University	2023
Stimson Fund Research & Travel Grant (\$1,200), Harvard University	2023
<i>Summa Cum Laude</i> , Vanderbilt University	2018
Research Experience for Undergraduates, National Science Foundation	2017 – 2018
International Honor Society of Education (KDPI)	2016 – 2018
Stadler Family Merit-based Scholarship, Vanderbilt University	2015 – 2018
Dean's List, Vanderbilt University	2015 – 2018

PROFESSIONAL AFFILIATIONS

Association for Psychological Science (APS)	2023 – Present
Society for Research in Psychopathology (SRP)	2021 – Present
Association for Behavioral and Cognitive Therapies (ABCT) ABCT Cognitive Therapy Special Interest Group	2020 – Present
American Psychological Association (APA) APA Division 12: Society of Clinical Psychology	2019 – Present

COMMUNITY INVOLVEMENT, VOLUNTEER WORK AND MENTORSHIP

Founder, Creator, & Content Manager of <i>Psyched!</i> resource platform for PhD applicants	2023 – Present
Interview & Visiting Day Coordinating Committee, Harvard University	2023 – Present
New England Equine Rescue (NEER North) Volunteer, West Newbury, MA	2023 – Present
PsyMentor Peer Mentor, Department of Psychology, Harvard University	2022 – Present
Co-founder, Post-Baccalaureate Association (PBA) Speaker Series, Mass General Brigham	2020 – 2022
Advisory Board, Post-Baccalaureate Association (PBA), Mass General Brigham	2020 – 2022
My Brother's Keeper Mentor, in Partnership with MGH Computational Neuroscience Internship	2020 – 2021
Peabody Academic Leaders (PALs), Vanderbilt University	2017 – 2018
Resident & Representative, McTyeire International House Spanish Program, Vanderbilt University	2016 – 2017