

CURRICULUM VITAE

Shirley B. Wang, B.A.

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EDUCATION

- 2017 – Present **Harvard University**, Cambridge, MA
 Ph.D. Student in Clinical Science
 Primary Advisor: Jill M. Hooley, D.Phil.
- 2013 – 2017 **The College of New Jersey**, Ewing, NJ
 B.A. Psychology (Statistics minor), *Summa Cum Laude*, Phi Beta Kappa
 Honors Thesis: Longitudinal associations among anger rumination, depressive rumination, and eating-disorder psychopathology
 Primary Advisor: Ashley Borders, Ph.D.

GRANTS & FELLOWSHIPS

- 2017 – 2022 **National Science Foundation Graduate Research Fellowship Program**
Title: Elucidating psychological components of dieting that drive dieting outcomes
Amount: \$138,000
- 2016 **Psi Chi Summer Research Grant**
Title: Examining associations among rumination, metabolic syndrome, and cardiovascular disease in patients with binge eating disorder and obesity
Amount: \$5,000 | Faculty Sponsor: Carlos M. Grilo, Ph.D.

AWARDS & HONORS

- 2017 – 2020 Karen Stone Fellowship Recipient, Harvard University (\$29,794)
Award given annually by psychology department faculty to one entering clinical science Ph.D. student based on high potential for an independent research career.
- 2017 Stimson Research Award, Harvard University (\$1,000)
- 2017 Research Travel Grant, Psi Chi International Honor Society (\$1,500)
- 2016 – 2017 Student-Faculty Research Award (x2), Phi Kappa Phi (\$500)
*Award given to support student involvement in serious academic research.
 Received with John Ruscio, Ph.D. (2017) and Ashley Borders, Ph.D. (2016).*
- 2016 American Psychological Association Convention Society Research Award (\$300)
- 2016 Phi Beta Kappa, early induction
- 2016 Marshall P. Smith Award, The College of New Jersey (\$5,118.24)
Award given annually to one psychology major for academic excellence.
- 2016 Outstanding Student Scholar Award, The College of New Jersey

2014 – 2017	Research Travel Grant (x5), The College of New Jersey (\$3,950)
2013 – 2017	Honors Program, The College of New Jersey
2013	National Merit Scholarship Competition Finalist

PEER-REVIEWED PUBLICATIONS

Haynos, A.F., **Wang, S.B.**, & Fruzzetti, A.E. (In Press). Restrictive eating is associated with emotion regulation difficulties in a non-clinical sample. *Eating Disorders: The Journal of Treatment and Prevention*.

Wang, S.B., Herres, J., Diamond, G. (In Press). Unique interactions of interpersonal trauma and positive peer and family events on traumatic distress among adolescent and young adult primary care patients. *Journal of Interpersonal Violence*.

Ruscio, J., Carney, L.M., Dever, L., Pliskin, M., **Wang, S.B.** (2017). Using the Comparison Curve Fit Index (CCFI) in taxometric analyses: Averaging curves, standard errors, and CCFI profiles. *Psychological Assessment*, doi:10.1037/pas0000522

Wang, S.B., Lydecker, J. A., & Grilo, C. M. (2017). Rumination in patients with binge-eating disorder and obesity: Associations with eating-disorder psychopathology and weight-bias internalization. *European Eating Disorders Review*, doi:10.1002/erv.2499

Wang, S. B., & Borders, A. (2016). Rumination mediates the associations between sexual minority stressors and disordered eating, particularly for men. *Eating and Weight Disorders*, doi:10.1007/s40519-016-0350-0

MANUSCRIPTS UNDER REVIEW

Wang, S.B., Haynos, A.F., Pisetsky, E.M., Skutch, J.M., Fruzzetti, A.E. (Under Review). Restrictive eating and self-harm in a non-clinical sample: Co-occurrence and associations with emotion dysregulation and interpersonal problems.

Wang, S.B., Borders, A. (Under Review). The unique effects of anger and depressive rumination on eating-disorder psychopathology and the mediating role of impulsivity.

Haynos, A.F., **Wang, S.B.**, Russell, S.L., Lavender, J.M., Pearson, C.M., Jennings, K.M., Peterson, C.B., Crow, S.J. (Under Review). An empirical taxonomy of reward responding in a transdiagnostic eating disorder sample.

Herres, J, **Wang, S.B.**, Bobchin, K., Draper, J. (Under Review). A socioecological model of risk associated with campus sexual assault and posttraumatic stress disorder symptoms in a representative sample of liberal arts college students.

Herres, J., Shearer, A., Kodish, T., Kim, B., **Wang, S.B.**, Diamond, G. (Under Review). Differences in suicide ideation severity among suicidal youth with and without diagnoses of anxiety and depression.

Russon, J., Mensinger, J., Herres, J., Shearer, A., Vaughan, K., **Wang, S.B.**, & Diamond, G. (Under Review). Identifying risk factors for eating disorders in primary care.

INVITED CHAPTERS

Nock, M.K., Boccagno, C.B., Kleiman, E.K., Ramirez, F., **Wang, S.B.** (In Press). Suicidal and nonsuicidal self-injury. In M. J. Prinstein, E. A. Youngstrom, E. J. Mash, & R. A. Barkley (Eds.), *Treatment of Childhood Disorders, Fourth Edition*. New York, NY: Guilford Publications.

MANUSCRIPTS IN PREPARATION

Wang, S.B., Haynos, A.F., Wall, M.M., Chen, C., Eisenberg, M.E., Neumark-Sztainer, D. (In Preparation). 15-year prevalence, trajectories, and predictors of body dissatisfaction from adolescence to middle adulthood.

Wang, S.B., Ruscio, J. (In Preparation). RTaxometrics: An R package for taxometric analysis.

Zayas, L.V., **Wang, S.B.**, Coniglio, K.A., Murray, H.B., Becker, K.R., Klosterman, E., Kay, B., Bean, P., Weltzin, T., Eddy, K.T., Franko, D.L., Thomas, J.J. (In Preparation). Sex differences in eating pathology of anorexia nervosa and bulimia nervosa across new *DSM-5* severity categories.

Haynos, A.F., **Wang, S.B.**, Wall, M.M., Chen, C., Neumark-Sztainer, D. (In Preparation). 15-year trajectories of unhealthy and extreme weight control behaviors from adolescence to middle adulthood.

Hooley, J.M., Fox, K.R., **Wang, S.B.**, Kwashie, A. (In Preparation). Self-criticism and self-injury: Testing a novel treatment approach.

Smith, D.M.Y., Fox, K.R., **Wang, S.B.**, Hooley, J.M. (In Preparation). Predictors of self-injury in sexual and gender minority adolescents.

Skutch, J.M., Buqo, T., **Wang, S.B.**, Haynos, A.F., Papa, A. (In Preparation). Which brief is best? Clarifying the use of three brief versions of the Difficulties in Emotion Regulation Scale (DERS).

SOFTWARE PACKAGES

Ruscio, J., & **Wang, S.B.** (2017). RTaxometrics: Taxometric Analysis. R package version 2.0. Available from <https://cran.r-project.org/web/packages/RTaxometrics/index.html>.

* The program code for this package, along with a reference manual, is available via the central R repository. More information available at <https://ruscio.pages.tcnj.edu/taxometrics/>.

CONFERENCE PRESENTATIONS

Wang, S.B., Haynos, A.F., Pisetsky, E.M., Skutch, J.M., Fruzzetti, A.E. (2018, April). Restrictive eating and self-harm in a non-clinical sample: Co-occurrence and associations with emotion dysregulation and interpersonal problems. Oral paper presentation accepted at the International Conference on Eating Disorders, Chicago, IL.

Wang, S.B., Keshishian, A., Becker, K.R., Plessow, F., Mancuso, C., Izquierdo, A., Slattery, M., Baskaranm C., Mirsa, M., Lawson, E., Thomas, J.J., Eddy, K.T. (2018, April). Restrictive eating, but not binge/purge behaviors, predicts suicidal ideation in adolescents with low-weight eating disorders. Oral paper presentation accepted at the International Conference on Eating Disorders, Chicago, IL.

Wang, S.B., Fox, K.R., Kleiman, E.M., Nock, M.K. (2018, April). Real-time occurrence of binge eating, purging, and nonsuicidal self-injury: Results from two ecological momentary assessment studies. Oral paper presentation accepted at the International Conference on Eating Disorders, Chicago, IL.

Haynos, A.F., **Wang, S.B.,** Russell, S.L., Lavender, J.M., Pearson, C.M., Jennings, K.M., Peterson, C.B., Crow, S.J. (2017, November). *An empirical taxonomy of reward responding in a mixed eating disorder sample*. In M. Jones (chair), Alternative Classification Systems Within Eating Disorders: Insights from Innovative Methodological Investigations. Symposium accepted for presentation at the 51st Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Wang, S.B., Borders, A. (2017, November). *Unique associations among facets of impulsivity and forms of rumination*. Poster accepted for presentation at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Wang, S.B., Herres, J. (2017, November). *Perceived burdensomeness explains worse treatment outcome for suicidal adolescents diagnosed with major depressive disorder*. Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Fresnics, A.A., **Wang, S.B.,** Borders, A. (2017, November). *Depressive rumination mediates the unique associations between self-compassion and eating-disorder psychopathology*. Poster accepted for presentation at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Bobchin, K., **Wang, S.B.,** Draper, J., Herres, J. (2017, November). *A socioecological model of risk associated with campus sexual assault and posttraumatic stress disorder symptoms in a representative sample of liberal arts college students*. Poster presented at the 33rd Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

Wang, S.B., Ruscio, J. (2017, September). *Differentiating categories and dimensions with the RTaxometrics package*. Poster presented at the 31st Annual Meeting of the Society for Research on Psychopathology, Denver, CO.

Wang, S.B., Lydecker, J.A., Grilo, C.M. (2017, June). *Rumination in patients with binge eating disorder and obesity: Influence on eating disorder psychopathology and weight bias internalization*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.

Wang, S.B., Borders, A., Frenkel, E., Parisi, M. (2017, June). *Anger rumination in patients with anorexia nervosa and bulimia nervosa: Associations with eating-disorder psychopathology, impulsivity, and perfectionism*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.

Wang, S.B., Herres, J., Diamond, G. (2017, May). *Influence of interpersonal trauma and positive peer and family events on mental health symptoms among adolescents and young adults*. Poster presented at the 29th Annual Convention of the Association for Psychological Science, Boston, MA.

Wang, S.B., Borders, A. (2016, October). *Rumination mediates the association between mindfulness and binge-eating, but not restricting, behaviors*. Poster presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

Wang, S.B., Borders, A. (2016, August). *Investigating associations among rumination, impulsivity, and eating disorder behaviors*. Poster presented at the 124th Annual Convention of the American Psychological Association, Denver, CO.

* This poster was awarded the APA Convention Society Research Award by Psi Chi

Wang, S.B., Borders, A. (2016, May). *Impulsivity mediates the association between angry rumination and binge-eating, but not restricting, behavior*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.

Wang, S.B., Borders, A. (2015, November). *Rumination mediates the relationship between sexual minority stressors and eating disorder behaviors, particularly for men*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Wang, S.B. (2015, April). *Do people differ in discrete groups or along a continuum? Differentiating categories and dimensions with taxometric analysis*. Paper presented at the Northeast Regional Honors Conference, Gettysburg, PA.

Mysko, C., **Wang, S.B.** (2014, October). *Proud2bme: engaging teens as advocates for body confidence*. Talk presented at the National Eating Disorders Association Conference, San Antonio, TX.

INVITED TALKS & PROFESSIONAL PRESENTATIONS

Wang, S.B. (2017, April). *Writing a successful National Science Foundation Graduate Research Fellowship Program proposal*. Invited talk presented at the School of Science, The College of New Jersey, Ewing, NJ.

Wang, S.B. (2016, September). *Anger and depressive rumination in eating disorder patients*. Invited research talk presented at the Princeton HealthCare System Annual Research Day, Plainsboro, NJ.

Voitsberger, T., **Wang, S.B.**, Frenkel, E., Parisi, M. (2016, September). *Factors that predict long-term recovery from an eating disorder*. Invited research talk presented at the Princeton HealthCare System Annual Research Day, Plainsboro, NJ.

Wang, S.B. (2016, April). *Longitudinal associations among anger rumination, depressive rumination, and disordered eating*. Senior Honors Thesis presented at The College of New Jersey, Ewing, NJ.

RESEARCH EXPERIENCE

2017 – Present **Harvard University**, Graduate Student Research Assistant
Hooley Laboratory
PI: Jill M. Hooley, D.Phil.

2017 – Present **Massachusetts General Hospital**, Graduate Student Research Assistant
Eating Disorders Clinical and Research Program
PIs: Kamryn T. Eddy, Ph.D., Jennifer J. Thomas, Ph.D.

- 2015 – 2017 **University Medical Center of Princeton**, Research Council Member
Center for Eating Disorders Care
Supervisors: Elizabeth Frenkel, Ph.D., Melinda Parisi, Ph.D.
- 2016 – 2017 **The College of New Jersey**, Lab Manager
Reactivity Lab
PI: Joanna Herres, Ph.D.
- 2014 – 2017 **The College of New Jersey**, Research Assistant
Quantitative Psychology Lab
PI: John Ruscio, Ph.D.
- 2016 **Yale University School of Medicine**, Summer Research Student
Program for Obesity, Weight, and Eating Research
PI: Carlos M. Grilo, Ph.D.
- 2014 – 2016 **The College of New Jersey**, Senior Honors Thesis Student & Research Assistant
Clinical Outcomes and Processes Lab
PI: Ashley Borders, Ph.D.
- 2016 **The College of New Jersey**, Research Assistant
Event-Related Potentials Lab
PI: P. Andrew Leynes, Ph.D.

CLINICAL EXPERIENCE

- 2014 – 2016 **University Medical Center of Princeton**, Nursing Assistant & Clinical Intern
Center for Eating Disorders Care
Supervisors: Elizabeth Frenkel, Ph.D., Melinda Parisi, Ph.D., Lydia Pitonyak, RN
Facilitated recreational therapy groups and community meetings, supervised patients' meals and snacks, attended rounds and difficult case conferences, assisted with patient admissions and discharges

TEACHING & MENTORING EXPERIENCE

- 2017 – Present **Harvard University**, Undergraduate Senior Thesis Advisor:
Missy Dreier (2017 – Present)
- 2017 – Present **Harvard University**, Hooley Laboratory
Undergraduate Research Assistants Supervised – Primary Advisor:
Chase Venables (2017 – Present)
Claire Pinson (2017 – Present)
- 2016 **University Medical Center of Princeton**, Center for Eating Disorders Care
Mentored/trained three research assistants in study methods and data collection
- 2015 – 2016 **The College of New Jersey**, PSY 096 Advising Course
Provided registration & advising advice to first year students, presented on participation in psychological experiential research

2014 – 2015 **The College of New Jersey**, Tutoring Center
 Supervisors: Rita King, Ph.D., Diane Gruenberg, M.A.
 Tutored courses in psychology, statistics, Chinese, and Spanish

AD HOC REVIEWER

2017 Journal of Abnormal Psychology

2017 Eating and Weight Disorders

LEADERSHIP

2016 – 2017 Chapter Executive Board Student Representative, *Phi Beta Kappa*

2016 – 2017 Chapter President, *Psi Chi International Honors Society in Psychology*

2015 - 2016 Chapter Vice President, *Psi Chi International Honors Society in Psychology*

SERVICE RECORD

2017 – Present Women in Science and Engineering (WiSTEM) Mentor, *Harvard University*

2017 Publication Committee Contributor, *Society for Research in Psychopathology*

2017 Student Selection Committee, *TCNJ Phi Beta Kappa*

2017 Panelist, Navigating the Graduate School Admissions Process, *TCNJ*

2015 – 2017 Workshop Organizer (x4), Research Lab Information Session, *TCNJ*

2015 – 2017 Student Representative (x4), *TCNJ Open House for Prospective Students*

2015 – 2017 Research & Internships Talk (x3), *TCNJ Freshman Orientation*

2015 – 2017 Student Advisory board, *TCNJ Psychology Department*

2016 Alumni & Honorary Member Selection Committee, *TCNJ Phi Beta Kappa*

2016 Panel Organizer & Discussant, Summer Research Opportunities, *TCNJ*

2015 – 2016 Panel Organizer (x2), Navigating the Graduate School Admissions Process, *TCNJ*

2016 Academic Advising & Course Registration Video, *TCNJ Psychology Department*

2015 Met with External Reviewer of the TCNJ Psychology Department

SELECTED SKILLS

Statistical Programs: R, SAS, SPSS, Mplus, Minitab

Languages: Fluent in Mandarin Chinese, limited proficiency in Spanish (3rd year college level)

Other: Trained in classical piano (14 years), classical violin (6 years), and figure skating (8 years)

PROFESSIONAL AFFILIATIONS

Academy for Eating Disorders

Association for Behavioral and Cognitive Therapies (Obesity & Eating Disorders SIG)

Society for Research in Psychopathology