

# Emily Mellen

Harvard University Department of Psychology  
33 Kirkland Street, Cambridge MA, 02138  
Phone: 908-448-8583 Email: [EMellen@g.harvard.edu](mailto:EMellen@g.harvard.edu)

## EDUCATION

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### Harvard University (2019-Present)

Doctoral Student (Ph.D). in Clinical Science

Advisor: Jill M. Hooley, D.Phil.

### Middlebury College (2013 – 2017)

B.A., *Magna Cum Laude* with Highest Honors in Psychology

Honors Thesis: *Negative Cognitions & PTSD: Using N400 and Reaction Time Measurements to Assess Semantic Expectancy Biases in Trauma Survivors*

Advisor: Matthew Kimble, Ph.D.

## GRANTS AND AWARDS

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2020-2023 Karen Stone Fellowship, Harvard University (\$35,500)

*Fellowship awarded based on high potential for an independent research career.*

2020 Stimson Fund Research Grant, Harvard University (\$1,000)

Title: *After #MeToo: An Exploration of the Impact of Interpersonal Response to Public Sexual Assault Disclosure on Identity and Event Centrality*

2019 Honorable Mention, National Science Foundation Graduate Research Fellowship (NSF GRFP)

2017 Middlebury College Rosalin Lieberman-Riess Memorial Award (\$250)

*Awarded to the graduating senior who shows the greatest promise to contribute to the treatment and research that will improve the lives of people struggling with mental disorders.*

2014-2017 New England Small College Athletic Conference (NESCAC) Scholar Athlete

2015 Early admission to Psi Chi International Honors Society in Psychology

## PUBLICATIONS

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Seligowski, A.V., Hurly, J., **Mellen, E.**, Ressler, K., & Ramikie, T., (2020) Translational studies of estradiol and progesterone in fear and PTSD, *European Journal of Psychotraumatology*, 11:1, 1723857

**Mellen, E.**, Harper, D., Ravichandran, C., Silveri, M., Jenson, E., Forester, B. (2019). Lamotrigine and biomarkers of cerebral energy metabolism in older age bipolar depression. *American Journal of Geriatric Psychiatry*.

Forester, B. P., **Mellen, E.**, & Cohen, B. M. (2019). Establishing a Link Between Mitochondrial Dysfunction and Late-Life Depression. *Am J Geriatr Psychiatry*, 27(9), 972-974.

Maples-Keller, J., Burton, M., **Mellen, E.**, Merker, J., Ressler, KJ., and Rothbaum, BO. (2019) "Combined Treatment of Anxiety Disorder". Chapter 10 in The American Psychiatric Association Textbook of Anxiety, Trauma and OCD related Disorders, edited by Naomi Simon, M.D., MSc, Eric Hollander, M.D., Barbara O. Rothbaum, Ph.D., A.B.P.P., and Dan J. Stein, M.D., Ph.D.

## MANUSCRIPTS IN PREPARATION

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Murphy, B., **Mellen, E.**, Doonan, M., Hodgkin, D., Ravichandran, C., Cohen, B. (In Preparation). Healthcare Reform Legislation in Massachusetts: Effects on Psychiatric Inpatient Reports of PCP Affiliation

## CONFERENCE PRESENTATIONS

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Forester, B., **Mellen, E.**, Mathias, L., Monette, P., Rahman, A., Harper, D., Seiner, S., Mueller, M., Knapp, R., Hermida, A., Nykamp, L., Lapid, M., Petrides, G. Electroconvulsive Therapy for the Treatment of Acute Agitation and Aggression in Alzheimer's Dementia (ECT-AD). Poster presented at the Annual Meeting of the American Association for Geriatric Psychiatry, 2019, Atlanta, GA, Poster number LB-5.

**Mellen, E.**, Murphy, B., Cohen, B. (2018). Universal Health Coverage Legislation in Massachusetts: Effects on Psychiatric Inpatient Reports of Primary Care Affiliation. Poster presented at Harvard Medical School Myself Research Symposium. Boston, MA.

**Mellen, E.**, Heinrich, H., Guvenenek-Cokol, E., Kim, H. J., Ongur, D. (2018). MOBILITY: Implementation of a Metformin Intervention Study in a New Outpatient Adolescent Clinic at McLean Hospital. Poster Presented at McLean Hospital/Harvard Medical School Research Day. Boston, MA.

**Mellen, E.**, Murphy, B., Cohen, B. (2018). Universal Health Coverage Legislation in Massachusetts: Effects on Psychiatric Inpatient Reports of Primary Care Affiliation. Poster presented at McLean Hospital/Harvard Medical School Research Day. Boston, MA.

Kimble, M., Kuvlanka, K., & **Mellen, E.** (2017). Courageous or Crazy: Evidence for Stereotype but Not Discrimination in Hiring of Returning Veterans. Poster presented at the 29th Annual Convention of the American Psychological Society. Boston, MA.

**Mellen, E.**, Kimble, M. (2017). Negative Cognitions & PTSD: Using N400 and Reaction Time Measurements to Assess Semantic Expectancy Biases in Trauma Survivors. Oral presentation at Middlebury College Thesis Symposium. Middlebury, VT.

**Mellen, E.**, Kimble, M. (2016). Negative Cognitions & PTSD: Using N400 and Reaction Time Measurements to Assess Semantic Expectancy Biases in Trauma Survivors. Poster presentation at Middlebury College Spring Student Research Symposium. Middlebury, VT.

## RESEARCH EXPERIENCE

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2017 – 2019 **McLean Hospital** | Clinical Research Assistant | Supervisor: Dr. Bruce Cohen

Interdisciplinary research position contributing to projects in multiple labs and facilitating cross-departmental collaboration.

- Geriatric Psychiatry Research Program
  - Supervisor: Dr. Brent Forester
- Schizophrenia and Bipolar Disorder Research Program
  - Supervisor: Dr. Dost Ongur
- Neurobiology of Fear & Trauma and Dissociative Disorders Research Programs
  - Supervisors: Dr. Kerry Ressler and Dr. Milissa Kaufman

2014 – 2017 **Middlebury College** | Clinical Research Assistant | Supervisor: Dr. Matthew Kimble

Three-year position in psychophysiology lab studying trauma and PTSD in combat veterans.

2016 – 2017 **Middlebury College** | Honors Thesis Student | Supervisor: Dr. Matthew Kimble

Thesis Title: *Negative Cognitions & PTSD: Using N400 and Reaction Time Measurements to Assess Semantic Expectancy Biases in Trauma Survivors*

## TEACHING EXPERIENCE

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2020 **Harvard University School of Continuing Education** | Teaching Fellow | Course Title: The Psychology of Emotional, Behavioral & Motivational Self-Regulation | Supervisor: Dr. Richard McNally

2020 **Cambridge Coaching** | Tutor | Topics: Psychology, Neuroscience, Statistics & Probability, Graduate Admissions, Expository Writing

2016 **Middlebury College** | Teaching Assistant | Course Title: Physiological Psychology | Supervisor: Dr. Michael Dash

## CLINICAL EXPERIENCE

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2020 – 2021 **McLean Hospital** | Practicum Student | Obsessive Compulsive Disorders Institute (OCDI) | Supervisor: Dr. Jenifer Cullen

CURRICULUM VITAE | EMILY MELLEN  
UPDATED JULY 2020

Administering exposure and response (ERP) psychotherapy and group therapy to patients with severe OCD.

2020      **Cambridge Health Alliance** | Practicum Student | Supervisor: Dr. Adam

Observational practicum shadowing on adult and child inpatient psychiatric units.

2017 – 2019      **McLean Hospital** | Clinical Research Assistant

Observed weekly rounds and case conferences, shadowed patient visits in inpatient and outpatient settings, and assisted in treatment planning for patients with dementia, schizophrenia, bipolar disorder, PTSD, and depression.

## SKILLS & INTERESTS

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**Clinical:**      SCID, Phlebotomy, Neuroimaging, Neuropsychological Testing (ex. WCST, WASI, MOCA, CVLT) EEG, Eye-Tracking

**Statistical:**      R, SPSS, Microsoft Office Suite, basic knowledge of SAS and MATLAB

**Personal:**      Running (Middlebury College Track & Field), skiing, rock climbing, hiking, reading & walking dogs

## CONTINUING EDUCATION

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2018      Responsible Conduct of Research Course | Harvard School of Public Health

2017 – 19      McLean Hospital Grand Rounds Lecture Series 2018 - 2019

2017 – 18      McLean Hospital Grand Rounds Lecture Series 2017- 2018

*References may be provided upon request.*