

Sara R. Masland

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ACADEMIC APPOINTMENTS

2015-	Department of Psychology, Bates College Lecturer	Lewiston, ME
2014-2015	Department of Psychology, University of New England Assistant Adjunct Lecturer	Biddeford, ME

EDUCATION

2010-	Harvard University Ph.D. Candidate (APA & PCAS accredited)	Cambridge, MA
2015-	VA Maine Healthcare System Clinical Internship (APA accredited)	Augusta, ME
2010-2012	Harvard University M.A., Psychology (APA & PCSAS accredited)	Cambridge, MA
2004-2008	Bowdoin College B.A., Psychology	Brunswick, ME

HONORS AND AWARDS

2014	Bok Center Certificate of Distinction and Excellence in Teaching, Harvard University
2013	George W. Goethals Award for Excellence in Teaching, Harvard University Department of Psychology
2008	Honors in Psychology, Bowdoin College
2008	Frederic Peter Amstutz Memorial Prize in Psychology, Bowdoin College Awarded to one student annually for distinction in the major.
2006-2007	Sarah and James Bowdoin Scholar, Bowdoin College
2004-2008	Aileen S. Andrew Foundation College Scholarship

GRANTS AND FELLOWSHIPS

2014-2015	Dissertation Fellowship, Harvard University Amount: \$31,000
2014	American Psychological Foundation Graduate Student Scholarship <i>Principal Investigator</i> Amount: \$1,000
2014	A.A. Robak Research Fund, Harvard University <i>Principal Investigator</i> Amount: \$3,500
2013	Sackler Scholar Programme Award in Psychobiology <i>Principal Investigator</i> Amount: \$20,000
2011	Barbara Ditmars Research Fund, Harvard University <i>Principal Investigator</i> Amount: \$3,500
2010, 2011	Graduate Research Fellowship, Harvard University Amount: \$27,000
2010	Stimson Research Award, Harvard University <i>Principal Investigator</i> Amount: \$1,000

PUBLICATIONS

*indicates trainee/student author/presenter

Hooley, J.M., & **Masland, S.R.** (contracted). Borderline personality disorder. In W.E. Craighead, D.J. Miklowitz, & L.W. Craighead (Eds.). *Psychopathology: History, Diagnosis, and Empirical Foundations* (3rd ed.). New York: John Wiley & Sons.

Hooley, J.M., & **Masland, S.R.** (in press). Expressed emotion. In A.E. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage Publications.

Masland, S.R., & Hooley, J.M. (2015). Perceived criticism: A research update for clinical practitioners. *Clinical Psychology: Science and Practice*, 22(3), 211-222.

Hooley, J.M., & **Masland, S.R.** (2015). Borderline personality disorder. In H. Friedman (Ed.). *Encyclopedia of Mental Health* (2nd ed.). Oxford: Elsevier Press.

Masland, S.R., Hooley, J.M., Tully, L.M., Dearing, K., & Gotlib, I.H. (2015). Cognitive processing biases in individuals high on perceived criticism. *Clinical Psychological Science*, 3, 3-14.

Weisz, J.R., Ng, M.Y., Rutt, C.R., Lau, N., & **Masland, S.R.** (2013). Psychotherapy for children and adolescents. In M.J. Lambert (Ed.), *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change, 6th ed.* New York: John Wiley & Sons.

Weisz, J. R., Ugueto, A. M., Herren, J., **Afienko S. R.**, & Rutt, C. (2011). Kernels versus ears, and other questions for a science of treatment dissemination. *Clinical Psychology: Science and Practice, 18*(1), 41-46.

PUBLICATIONS IN PREPARATION

Masland, S.R., *Drabu, S., & Hooley, J.M. (drafted manuscript). Perceived criticism is an independent construct.

Masland, S.R., Allen, K., & Hooley, J.M. (in preparation). A critical review of gender differences in borderline personality disorder.

SELECTED CONFERENCE PRESENTATIONS

Masland, S.R., Rutt, C., Langer, D.A., & Weisz, J.R., & Chorpita, B. (2014, November). *The Post-Traumatic Stress Problems Scales: Psychometric properties, validity, and comparison to the UCLA PTSD Index*. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Masland, S.R., & Hooley, J.M. (2014, September). *Is PC an independent construct?* Society for Research in Psychopathology, Evanston, IL.

Masland, S.R., *Gorman, D., & Photos, V.P. (2013, April). *Executive control of emotional information in borderline personality disorder*. North American Society for the Study of Personality Disorder, Boston, MA.

Masland, S.R., & Hooley, J.M. (2012, November). *Thin-skinned or thick-skinned? Evaluating a new measure of criticism sensitivity*. Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Masland, S.R., & Hooley, J.M. (2012, September). *Thin-skinned or thick-skinned? Who is sensitive to criticism?* Society for Research in Psychopathology, Ann Arbor, MI.

Afienko, S., Rutt, C., Bearman, S. K., Herren, J., Ugueto, A. M., Weisz, J. R., & Chorpita, B. F. (2010, November). *Clinical symptom severity in youth in the Maine child welfare system versus clinic-referred youth*. Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Ledford, R., **Afienko, S.**, Rutt, C., Langer, D., Ugueto, A., Herren, J., Weissman, A., Weisz, J. R., & Chorpita, B. F. (2010, June). *Child and adolescent non-suicidal self-injury in a Maine welfare-referred population: Gender, clinical presentation and exposure to trauma*. World Congress for Behavioral and Cognitive Therapies, Boston, MA.

Afienko, S. (2009, August). *Can delusion and obsession be distinguished conceptually?* American Psychological Association, Toronto, Canada.

Afienko, S., Rutt, C., Bearman, S. K., Ugueto, A. M., Eckshtain, D., & Weisz, J. R. (2009, November). *Do parents and friends help? The relations among negative life events, social support, and depression*. Association for Behavioral and Cognitive Therapies, New York, NY.

Rutt, C., **Afienko, S.**, Ugueto, A., Bearman, S. K., Alleyne, A., Chorpita, B. F., & Weisz, J. R. (2009, November). *The relation of family structure and child and parent psychopathology in a sample of clinically referred youth*. Association for Behavioral and Cognitive Therapies, New York, NY.

EDITORIAL ACTIVITIES

Ad Hoc Reviewer:

Clinical Psychological Science

Personality Disorders: Theory, Research, and Treatment

Journal of Abnormal Child Psychology

Journal of the American Academy of Child and Adolescent Psychiatry

Founder & CEO:

Null Results and Replication Initiative (<http://nullresultsandreplication.org/>)

TEACHING AND ADVISING EXPERIENCE

2015-	Department of Psychology, Bates College Lecturer in Psychology Courses: <i>Psychology of Personality, Cognitive Neuroscience, Personality Disorders</i>
Fall 2014	Department of Psychology, University of New England Assistant Adjunct Lecturer in Psychology Course: <i>Introduction to Psychology</i>
Fall 2012 Spring 2013 Spring 2014	Department of Psychology, Harvard University Instructor for <i>Sophomore Tutorial in Psychology: Contemporary Issues in Psychology:</i> <i>Intensive Cross-Level Analyses</i>
Spring 2013	Department of Psychology, Harvard University Teaching Fellow for <i>Social Psychology</i> (Lecturer: Professor Joshua Greene)
2012-2013	Department of Psychology, Harvard University Psychology Concentration Advisor
Fall 2012 Fall 2013 Summer 2014 Fall 2014	Harvard University Extension School Teaching Assistant for <i>Abnormal Psychology</i> (Lecturer: Professor Shelley Carson)
Fall 2013	Harvard University Extension School Head Teaching Assistant for <i>Introduction to Social Psychology</i> (Lecturer: Professor Holly Parker)
Summer 2011	Harvard University Extension School Teaching Assistant for <i>Anxiety and Its Disorders</i>
Spring 2008	Department of Psychology, Bowdoin College Teaching Assistant for <i>Introduction to Psychology</i> (Lecturer: Professor Barbara Held)

Spring 2007

Department of Psychology, Bowdoin College

Teaching Assistant for *Abnormal Psychology* (Lecturer: Professor Barbara Held)

CLINICAL TRAINING

- 2013-2014 **Clinical Practicum in Neuropsychology**
VA Medical Center, Boston MA
Supervisors: Jessica Foley, Ph.D., and Scott Fish, Ph.D.
Conducted neuropsychological evaluations and capacity assessments for outpatient and inpatient clinics in the context of aging, traumatic brain injury, serious mental illness, PTSD, mood disorders, neurological illness, cardiovascular risk, and other concerns. Scored assessments and prepared comprehensive integrated reports. Provided feedback and recommendations to veterans and their families. Attended didactic training and guest lectures. Delivered lecture to group on importance of PC for aging populations.
- 2012-2013 **Clinical Practicum in Personality Disorders and Dialectical Behavior Therapy**
Gunderson Residence, McLean Hospital, Belmont MA
Supervisors: Lois Choi-Kain, M.D., Valerie Photos, Ph.D., and Karen Jacobs, Ph.D.
Actively sought out training in dialectical behavioral therapy (DBT) for borderline personality disorder and became the first practicum student at the Gunderson Residence. Led group DBT for women with personality disorders. Conducted weekly skills coaching. Observed and co-led mentalization-based therapy (MBT) groups. Observed and co-led interpersonal groups with Dr. John Gunderson. Participated in DBT consultation team and clinical rounds.
- 2012-2013 **Clinical Practicum in Personality Disorders and Mentalization Based Therapy**
MBT Outpatient Clinic, McLean Hospital, Belmont MA
Supervisors: Lois Choi-Kain, M.D., Valerie Photos, Ph.D.
Administered SCID-I and DIPD-IV diagnostic interviews to patients upon intake. Aided in the development and launch of this new clinic. Observed and co-facilitated MBT groups. Participated in MBT team supervision with Drs. Anthony Bateman and Peter Fonagy. Attended a 3-day MBT training workshop led by Drs. Bateman and Fonagy.
- 2011-2012 **Clinical Practicum in Obsessive-Compulsive and Related Disorders**
Obsessive and Compulsive Disorders Institute, McLean Hospital, Belmont MA
Supervisor: Jason Elias, Ph.D.
Coached patients with severe obsessive-compulsive disorder, body dysmorphic disorder, trichotillomania, and social anxiety disorder using exposure and response prevention (ERP).
- 2011 **Inpatient Mental Health Observational Practicum**
Cambridge Hospital, Cambridge Health Alliance, Cambridge MA
Supervisor: Marla Eby, Ph.D.
Attended weekly didactic training on psychopathology and psychodynamic treatment. Participated in weekly case conferences on adult and child inpatient units. Attended a one-day workshop on the use of the Thematic Apperception Test (TAT).

2009-2010

Treatment Integrity Coder

Judge Baker Children's Center, Boston MA

Supervisor: John Weisz, Ph.D.

Attended a three-day clinical training on cognitive-behavioral treatments for childhood conduct problems, depression, anxiety, and trauma. Coded therapy tapes for adherence to cognitive-behavioral treatment protocols, including Bruce Chorpita and John Weisz's *Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems* (MATCH-ADTC) and three standard manual treatments, including Russell Barkley's *Defiant Children* for conduct problems and disorders, John Weisz's *PASSET* for depression, and Phillip Kendall's *Coping Cat* for anxiety.

Selected Interview and Assessment Skills:

Structured Clinical Interview for DSM Disorders (SCID), Diagnostic Interview for Personality Disorders (DIPD-IV), Diagnostic Interview for Children (DISC), Mini-International Neuropsychiatric Interview (MINI), Wechsler Adult Intelligence Scales (WAIS-III and WAIS-IV), Wechsler Memory Scale (WMS-IV), Wechsler Abbreviated Scale of Intelligence (WASI), Delis-Kaplan Executive Function System (D-KEFS), Wide Range Achievement Test (WRAT), Wechsler Test of Adult Reading (WTAR), Repeatable Battery for the Assessment of Neuropsychological Status (RBANS), Children's Interview for Psychiatric Syndromes (ChIPS), Schedule for Affective Disorders and Schizophrenia for School-Age Children (KSADS), Brief Visuospatial Memory Test-Revised (BVRT), California Verbal Learning Test (CVLT), Hopkins Verbal Learning Test-Revised (HVLT-R), Rey-Osterrieth Complex Figure Test (Rey-O), Judgment of Line Orientation (J-Lo), Boston Naming Test (BNT), Trail Making Test (TMT), Dementia Rating Scale (DRS-2), Montreal Cognitive Assessment (MoCA), Saint Louis University Mental Status Examination (SLUMS), Rorschach inkblot test, Thematic Apperception Test (TAT), Personality Assessment Inventory (PAI)

AFFILIATIONS

American Psychological Association

Maine Psychological Association

Association for Behavioral and Cognitive Therapies

Society for Research in Psychopathology

North American Society for the Study of Personality Disorders

Association for Psychological Science

American Motorcyclist Association