

CURRICULUM VITAE
KENNETH JAVAD DALE ALLEN

Harvard University Department of Psychology
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EDUCATION

- 2011 – Present **Harvard University**, Cambridge, MA
Ph.D. Candidate, Psychology (Clinical Science)
Advisor: Jill M. Hooley, D.Phil.
Dissertation: *Negative emotional inhibition in nonsuicidal self-injury*
Committee members: Matthew K. Nock, Ph.D. & Richard J. McNally, Ph.D.
- 2013 A.M., Psychology (Clinical Science)
Advisor: Jill M. Hooley, D.Phil.
Thesis: *Inhibitory control in self-injury*
Second reader: Matthew K. Nock, Ph.D.
- 2006 – 2009 **Oberlin College**, Oberlin, OH
B.A., Psychology
- 2005 – 2006 **Wabash College**, Crawfordsville, IN

GRANTS AND FELLOWSHIPS

- 2017 Roger Brown Memorial Research Grant, **Harvard University**
Title: *Negative emotional response inhibition in nonsuicidal self-injury*
Role: Principal Investigator
Amount: \$3,200
- 2016 Dissertation Completion Fellowship, **Harvard University**
Amount: \$34,184
- 2011 – 2016 Graduate Research Fellowship, **Harvard University**
Amount: \$136,960
- 2011 – 2014 Karen Stone Fellowship, **Harvard University**
Amount: \$73,470
- 2013 Stimson Travel Grant, **Harvard University**
Poster: *Suicide attempters show a maladaptive response to criticism*
Amount: \$500

2012 Psychophysics Research Grant, **Harvard University**
Title: *Do negative emotions impair executive functioning in nonsuicidal self-injury?*
Role: Principal Investigator
Amount: \$3,650

2012 Stimson Research Grant, **Harvard University**
Title: *Does emotion modulate executive function in self-injurers?*
Role: Principal Investigator
Amount: \$1,000

HONORS AND AWARDS

2016 Derek Bok Center Certificate of Teaching Excellence, **Harvard University**
Course: Abnormal Psychology

2009 R.H. Stetson Award in Psychology & Psychobiology, **Oberlin College**
For promise in research on fundamental influences on behavior
Amount: \$250

2009 R. Moris Term Paper Award, **Oberlin College**
Literature review: *The effects of paternal alcoholism on parent-infant attachment*
Amount: \$100

2005 – 2006 President's Scholarship, **Wabash College**
For outstanding academic achievement
Amount: \$23,000

2005 – 2006 Dean's List, **Wabash College**

RESEARCH EXPERIENCE

2011 – Present Graduate Student Researcher
Clinical Research Laboratory
Harvard University, Cambridge, MA
Principal Investigator: Jill Hooley, D.Phil.

2014 – 2015 Senior Research Assistant
Obsessive Compulsive Disorder Institute Office of Clinical Assessment and Research
McLean Hospital, Belmont, MA
Director of Clinical Research: Jason Elias, Ph.D.; Administrative Director: Jesse Crosby, Ph.D.

2009 – 2011 Research Assistant
Clinical Psychophysiology and Psychopharmacology Laboratory
Uniformed Services University of the Health Sciences, Bethesda, MD
Principal Investigators: Frances Gabbay, Ph.D. & Connie Duncan, Ph.D.

2008 – 2009

Research Assistant
The Ecology of Adolescent Development Laboratory
Oberlin College, Oberlin, OH
Principal Investigator: Nancy Darling, Ph.D.

2008 – 2009

Research Assistant
Ecological Psychology Research Laboratory
Oberlin College, Oberlin, OH
Principal Investigators: Cynthia Frantz, Ph.D. & Stephan Mayer, Ph.D.

2007 – 2008

Principal Investigator
College Stress Study
Oberlin College, Oberlin, OH
Independent Research Project

PEER-REVIEWED PUBLICATIONS

Allen, Kenneth J.D., Fox, Kathryn R., and Hooley, Jill M. (in preparation). Self-criticism and decision-making in nonsuicidal self-injury.

Allen, Kenneth J.D., Valmas, Maria M., Krompinger, Jason W., Brennan, Brian P., Crosby, Jesse M., and Elias, Jason A. (in preparation). Neurocognition and rumination predict treatment response in obsessive-compulsive disorder.

Masland, Sara R., **Allen, Kenneth J.D.**, and Hooley, Jill M. (in preparation). A critical review of gender differences in borderline personality disorder.

Mathes, Brittany M., **Allen, Kenneth J.D.**, Van Kirk, Nathaniel P., Cattie, Jordan E., Garner, Lauryn E., Crosby, Jesse M., and Elias, Jason A. (in preparation). The use of a mobile phone application in residential treatment for OCD.

Allen, Kenneth J.D. and Hooley, Jill M. (in press). Negative mood and interference control in non-suicidal self-injury. *Comprehensive Psychiatry*. Published online November 4, 2016.

DOI: <http://dx.doi.org/10.1016/j.comppsy.2016.10.011>.

Allen, Kenneth J.D., Krompinger, Jason W., Mathes, Brittany M., Crosby, Jesse M., and Elias, Jason A. (2016). Thought control strategies in patients with severe obsessive-compulsive disorder: Treatment effects and suicide risk. *Journal of Obsessive-Compulsive and Related Disorders*, 8, 31-37.

Allen, Kenneth J.D. and Hooley, Jill M. (2015). Inhibitory control in people who self-injure: Evidence for impairment and enhancement. *Psychiatry Research*, 225, 631-637.

Allen, Kenneth J.D. and Gabbay, Frances H. (2013). The amphetamine response moderates the relationship between negative emotionality and alcohol use. *Alcoholism: Clinical & Experimental Research*, 37, 348-360. *Selected for journal highlights.

CONFERENCE PRESENTATIONS

Allen, Kenneth J.D., Fox, Kathryn R., Hooley, Jill M. (2017, April). *Self-criticism and behavioral impulsivity in NSSI*. In J.G. Stewart (chair), The Impact of Life Stress on Suicide and Non-Suicidal Self-Injury: Naturalistic and Experimental Evidence. Symposium to be presented at the 37th Annual Meeting of the Anxiety and Depression Association of America, San Francisco, CA.

Van Kirk, Nathaniel P., Mathes, Brittany M., Cattie, Jordan E., **Allen, Kenneth J.D.**, Garner, Lauryn E., Krompinger, Jason W., and Elias, Jason E. (2016, October). *Integrating mobile applications into intensive treatment settings for OCD*. Symposium presented at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

Valmas, Maria M., **Allen, Kenneth J.D.**, Van Kirk, Nathaniel, Garner, Lauryn E., Mathes, Brittany M., Brennan, Brian P., Cattie, Jordan E., Crosby, Jesse M., Elias, Jason E., and Krompinger, Jason W. (2016, July). *Associations of behavioral inhibition and cognitive functioning in relation to symptom subtype and treatment response in severe OCD*. Symposium presented at the 23rd Annual Conference of the International OCD Foundation, Chicago, IL.

Valmas, Maria M., Van Kirk, Nathaniel, **Allen, Kenneth J.D.**, Krompinger, Jason W., and Elias, Jason A. (2016, January). *Associations of behavioral inhibition and cognitive functioning in relation to symptom subtype and treatment response in severe OCD*. Poster presented at the 7th Annual McLean Hospital Research Day, Belmont, MA.

Cole Monaghan, Sadie, **Allen, Kenneth J.D.**, Borkum, Dana B., Mathes, Brittany M., Krompinger, Jason W., Cattie, Jordan E., André, Marie-Christine, Crosby, Jesse C., Brennan, Brian P., and Elias, Jason A. (2015, November). *Behavioral impulsivity in residential OCD patients with comorbid eating problems*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Mathes, Brittany M., **Allen, Kenneth J.D.**, Krompinger, Jason W., Cattie, Jordan E., André, Marie-Christine, Cole Monaghan, Sadie, Crosby, Jesse M., Brennan, Brian P., and Elias, Jason A. (2015, November). *“Not Just Right” Reactions: Exploring the Relationship Between Response Inhibition and OCD Symptom Dimensions*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Allen, Kenneth J.D. and Hooley, Jill M. (2015, September). *Negative mood does not impair executive control in nonsuicidal self-injurers*. Poster presented at the 29th Annual Meeting of the Society for Research in Psychopathology, New Orleans, LA.

Reed, Lawrence Ian, Best, Cheryl K., and **Allen, Kenneth J.D.** (2015, September). *Self-Reported and Expressive Emotions in Borderline Personality Disorder*. Poster presented at the 29th Annual Meeting of the Society for Research in Psychopathology, New Orleans, LA.

Allen, Kenneth J.D., Krompinger, Jason W., Crosby, Jesse M., and Elias, Jason A. (2015, April). *Suicidality affects changes in thought control strategies in the intensive treatment of severe OCD*. In **K.J.D. Allen** (chair), *A Penny for Your Thoughts, A Dollar for Your Thoughts About Thoughts: Metacognition in the Treatment of Severe OCD*. Symposium presented at the 35th Annual Meeting of the Anxiety and Depression Association of America, Miami, FL.

Van Kirk, Nathaniel P., Mathes, Brittany M., and **Allen, Kenneth J.D.** (2015, April). *Longitudinal evaluation of cognitive control strategies on symptom severity and treatment outcome: Findings from a residential treatment program*. In **K.J.D. Allen** (chair), *A Penny for Your Thoughts, A Dollar for Your Thoughts About Thoughts: Metacognition in the Treatment of Severe OCD*. Symposium presented at the 35th Annual Meeting of the Anxiety and Depression Association of America, Miami, FL.

Allen, Kenneth J.D., Krompinger, Jason W., Elias, Jason A., Crosby, Jesse C., and Brennan, Brian P. (2015, January). *Response inhibition interacts with symptom subtype to predict treatment course in severe obsessive-compulsive disorder*. Poster presented at the 6th Annual McLean Hospital Research Day, Belmont, MA.

Allen, Kenneth J.D. and Hooley, Jill M. (2014, June). *Negative mood does not impair cognitive control in self-injurers*. Poster presented at the 9th Annual Conference of the International Society for the Study of Self-Injury, Chicago, IL.

Allen, Kenneth J.D. and Hooley, Jill M. (2013, September). *Suicide attempters show a maladaptive response to criticism*. Poster presented at the 27th Annual Meeting of the Society for Research in Psychopathology, Oakland, CA. *Smadar Levin Award finalist.

Gabbay, Frances H., Duncan, Connie C., Williams, Shannon E., & **Allen, Kenneth J.D.** (2011, June). *Risk markers for alcoholism: Brain potentials distinguish amphetamine responders and nonresponders*. Poster presented at the 34th Annual Conference of the Research Society on Alcoholism, Atlanta, GA.

SUPERVISION EXPERIENCE

2012 – Present	Mentored nine research assistants Six undergraduate students and three post-graduate students Clinical Research Laboratory Harvard University , Cambridge, MA
2016 – Present	Heather Ngai, B.S., Tufts University
2016 – Present	Yael Goldstein, Harvard College
2015 – 2016	Allison Bolles, A.B. Candidate, Harvard College Thesis: <i>Reliving abuse: How physical pain regulates emotional pain</i>
2015	Kyle Whelihan, A.B., Harvard College Thesis: <i>Do emotional dysregulation disorder symptoms more strongly predict negative performance on the Multi-Source Interference Task than those of depression or anxiety?</i>

2014 – 2015	Elle Daoust, B.A., University of Colorado, Boulder
2013	Diheng Zhang, M.A., Teachers College, Columbia University
2013	Huong-Duong Phan, A.B., Harvard College <i>Thesis: Nonsuicidal self-injury in adolescents: social patterning and social network interventions</i>
2013	Lauren Fields, A.B., Harvard College
2012 – 2013	Stephanie Klinkenberg-Ramirez, A.B., Harvard College <i>Thesis: The role of pain perception in nonsuicidal self-injury</i>
2009 – 2011	Co-mentored ~12 undergraduate research interns per semester Clinical Psychopharmacology and Psychophysiology Laboratory Uniformed Services University of the Health Sciences, Bethesda, MD

TEACHING EXPERIENCE

Summer 2016	Teaching Assistant for Introduction to Psychology Department of Psychology, Harvard University , Cambridge, MA Instructor: Jason Mitchell, Ph.D.
Fall 2015; Fall 2014	Head Teaching Fellow for Abnormal Psychology Department of Psychology, Harvard University , Cambridge, MA Instructor: Joshua Buckholtz, Ph.D.
Spring 2015	Teaching Fellow for Psychological Science Department of Psychology, Harvard University , Cambridge, MA Instructor: Steven Pinker, Ph.D.
Spring 2014	Teaching Fellow for Abnormal Psychology Department of Psychology, Harvard University , Cambridge, MA Instructor: Diego Pizzagalli, Ph.D.
Fall 2013	Teaching Fellow for Sex, Evolution, and Human Behavior Department of Psychology, Harvard University , Cambridge, MA Instructor: Lawrence Ian Reed, Ph.D.
Fall 2012 – Present	Co-instructor for the Clinical Research Laboratory Course Department of Psychology, Harvard University , Cambridge, MA Supervisor: Jill Hooley, D.Phil.

CLINICAL EXPERIENCE

- 2014 – 2015 Clinical Fellow
Bipolar Clinic and Research Program
Massachusetts General Hospital, Boston, MA
Supervisors: Thilo Deckersbach, Ph.D. & Louisa Sylvia, Ph.D.
- 2014 – 2015 Diagnostic Interviewer & Group Therapist
Obsessive Compulsive Disorder Institute Office of Clinical Assessment and Research
McLean Hospital, Belmont, MA
Supervisors: Jason Elias, Ph.D., Jesse Crosby, Ph.D., & Sadie Cole Monaghan, Ph.D.
- 2013 – 2014 Dialectical Behavior Therapy (DBT) Skills Group Leader & Skills Coach
East Partial Hospital Program
McLean Hospital, Belmont, MA
Supervisors: Michael Hollander, Ph.D. & Peg Worden, Psy.D.
- 2012 – 2013 Exposure and Response Prevention (ERP) Coach
Obsessive Compulsive Disorder Institute
McLean Hospital, Belmont, MA
Supervisors: Jason Elias, Ph.D. & Carol Hevia, Psy.D.
- 2012 Observational Practicum Student
Cambridge Health Alliance Department of Psychiatry
Cambridge Hospital, Cambridge, MA
Supervisors: Marla Eby, Ph.D. & Adam Conklin, Ph.D.

PROFESSIONAL SERVICE

- 2015 – Present Ad-hoc Reviewer, **Psychiatry Research**
- 2014 – Present Ad-hoc Reviewer, **Psychological Medicine**
- 2015 Symposium Chair,
35th Annual Meeting of the **Anxiety and Depression Association of America**, Miami FL.
- 2013 Ad-hoc Reviewer, **Personality Disorders: Theory, Research, and Treatment**

MEMBERSHIPS

- 2016 – Present Student Member, **Association for Behavioral and Cognitive Therapies**
- 2014 – Present Student Member, **International Society for the Study of Self-Injury**
- 2012 – Present Student Affiliate, **American Psychological Association**

2011 – Present

Student Member, **Society for Research in Psychopathology**

WORKSHOPS AND TRAININGS

2014

Volunteer and Attendee

Advances in Dialectical Behavior Therapy with Adolescents

Alec Miller, Psy.D., Behavioral Tech