

CURRICULUM VITAE

Kathryn Rebecca Fox, M.A., Ph.D. Candidate

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Education

2018-Present	Western Psychiatric Institute and Clinic, University of Pittsburgh Doctoral Internship in Clinical Psychology Mixed Child, Adolescent, and Adult Clinical Rotations
2015-Present	Harvard University, Department of Psychology Ph.D. Candidate, Clinical Psychology (APA & PCSAS-accredited) <u>Completed and Defended Dissertation:</u> <i>How do eroded barriers impact nonsuicidal self-injury?</i> Committee Members: Drs. Jill Hooley, Matthew Nock, Richard McNally and Leah Somerville
2013-2015	Harvard University, Department of Psychology M.A., Clinical Psychology Thesis: Mechanisms of mood improvement in NSSI Advisor: Dr. Jill Hooley
2007-2011	Vanderbilt University B.S., <i>Cum Laude</i> Majors: Cognitive Studies and Psychology Senior Thesis: Correlates and predictors of recurrent depression. Awarded High Honors. Advisor: Judy Garber, Ph.D.

Grants and Fellowships

2018	Harvard University Foundation of Human Behavior Initiative, Co-Investigator (PI: Kleiman), \$5,440
2017	Dissertation Completion Fellowship, Harvard University, \$28,020
2017	Talley Fund Research Grant, Harvard University, \$3,500
2016	Sackler Scholar Programme Award in Psychobiology, Harvard University, \$14,000
2017	Restricted Funds Research Grant, Harvard University, \$500
2016	Restricted Funds Research Grant, Harvard University, \$500
2016 ^b	Restricted Funds Research Grant, Harvard University, \$500
2014	Barbara Ditmars Research Grant, Harvard University, \$3,500
2013	Stimson Research Grant, Harvard University, \$1,000
2010	Vanderbilt University Summer Research Fellowship, \$4,000

Honors and Awards

2016, 2017	Derek Bok Center Certificate of Distinction and Excellence in Teaching, Harvard University
2017	Harvard Graduate Student Council Travel Grant, \$750
2016	Harvard Graduate Student Council Sponsored "Mini-Course," \$750
2015	Restricted Funds Conference Travel Award, Harvard University, \$500
2014	Restricted Funds Conference Travel Award, Harvard University, \$500
2011	Excellence in Cognitive Studies Award, Vanderbilt University

Peer-Reviewed Publications *indicates trainee author/presenter

Fox, K. R., O'Sullivan, I. M.*, Wang, S. B., Hooley, J. M. (2018). Self-criticism impacts emotional responses to pain. *Behavior Therapy*.

Hooley, J. M., **Fox, K. R.,** Wang, S. B., & Kwashie, A. N.* (2018). Novel online daily diary interventions for nonsuicidal self-injury: a randomized controlled trial. *BMC psychiatry*, 18(1), 264.

Franklin, J. C., Huang, X., **Fox, K. R.,** & Ribeiro, J. D. (2018). What suicide interventions should target. *Current Opinion in Psychology*, 22, 50-53.

Ribeiro, J., Huang, X., **Fox, K.,** Franklin, J. (2018). Depression and hopelessness as risk factors for suicide ideation, attempts, and death: A meta-analysis of longitudinal studies. *British Journal of Psychiatry*, 212(5), 279-286.

Kleiman, E.M., Coppersmith, D.D.L., Millner, A.J., Franz, P.J., **Fox, K.R.,** & Nock, M.K., (2018). Are suicidal thoughts reinforcing? A preliminary real-time monitoring study on the affect regulation function of suicidal thinking. *Journal of Affective Disorders*, 232, 122-126.

Huang, X., **Fox, K. R.,** Ribeiro, J. D., & Franklin, J. C. (2018). Psychosis as a risk factor for suicidal thoughts and behaviors: A meta-analysis of longitudinal studies. *Psychological Medicine*, 48(5), 1-12.

Fox, K. R., Ribeiro, J. D., Kleiman, E. M., Hooley, J. M., Nock, M. K., Franklin, J. C. (2018). Affect toward the self and self-injury stimuli as potential risk factors for nonsuicidal self-injury. *Psychiatry Research*, 260, 279-285.

Fox, K. R., Hooley, J. M., Smith, D. Y.,* Nock, M. K., Ribeiro, J. D., Huang, X., Franklin, J. C. (2018). Self-injurious thoughts and behaviors are more common and severe among people identifying as sexual minorities. *Behavior Therapy*, 49(5), 768-780.

Fox, K. R., Millner, A. J., Mukerji, C. E., Nock, M. K. (2017). Examining the complicated role of sex in self-injurious thoughts and behaviors. *Clinical Psychology Review*. Epub ahead of print.

- Fox, K. R.**, Toole, K. E.,* Franklin, J. C., & Hooley, J. M. (2017). Why does nonsuicidal self-injury improve mood? A preliminary test of three hypotheses. *Clinical Psychological Science* 5(1), 111-121.
- Franklin, J. C., **Fox, K. R.**, Ribeiro, J. D., & Nock, M. K. (2017). Understanding the context of novel interventions for self-injurious thoughts and behaviors: A reply to Nielsen et al. *Journal of Consulting and Clinical Psychology*, 85(8), 831-834.
- Franklin, J. C., **Fox, K. R.**, & Ribeiro, J. D. (2017). How to implement therapeutic evaluative conditioning in a clinical setting. *Journal of Clinical Psychology*, 73(5), 559-569.
- Fox, K. R.**, Millner, A. J., & Franklin, J. C. (2016). Classifying nonsuicidal overdoses: Nonsuicidal self-injury, suicide attempts, or neither? *Psychiatry Research*, 244, 235-242.
- Chang, B. P., Franklin, J. C., Ribeiro, J. D., **Fox, K. R.**, Bentley, K. H., Kleiman, E. M., & Nock, M. K. (2016). Biological risk factors for suicidal behaviors: A meta-analysis. *Translational Psychiatry*, 6(9), e887.
- Franklin, J. C., Ribeiro, J. D., **Fox, K. R.**, Bentley, K. H., Kleiman, E. M., Jaroszewski, A. C., Bernard, P. C., & Nock, M. K. (2017). Risk factors for suicidal thoughts and behaviors: A meta-analysis of 50 years of research. *Psychological Bulletin*, 143(2), 187-232.
- Ribeiro, J. D., Franklin, J. C., **Fox, K. R.**, Bentley, K. H., Kleiman, E. M., Chang, B. P., & Nock, M. K. (2016). Letter to the Editor: Suicide as a complex classification problem: machine learning and related techniques can advance suicide prediction-a reply to Roaldset (2016). *Psychological Medicine*, 1-2.
- Franklin, J. C., **Fox, K. R.**, Franklin, C.R., Kleiman, E. M., Ribeiro, J. D., Jaroszewski, A. C., Hooley, J. M., Nock, M. K. (2016). A brief mobile app reduces nonsuicidal and suicidal self-injury: Evidence from three randomized control trials. *Journal of Consulting and Clinical Psychology*, 84, 544-557.
- Fox, K. R.**, Franklin, J. C., Ribeiro, J. D., Kleiman, E. M., Bentley, K. H., & Nock, M. K. (2015). Meta-analysis of risk factors for nonsuicidal self-injury. *Clinical Psychology Review*, 42, 156-167.
- Ribeiro, J. D., Franklin, J. C., **Fox, K. R.**, Kleiman, E. M., Bentley, K. H. Nock, M. K. (2016). Self-Injurious Thoughts and Behaviors as Risk Factors for Future Suicide Ideation, Attempts, and Death: A Meta-Analysis of Longitudinal Studies. *Psychological Medicine*, 46, 225-236.
- Bentley, K. H., Franklin, J. C., Ribeiro, J. D., **Fox, K. R.**, Nock, M. K. (2016). Anxiety and its disorders as risk factors for suicidal thoughts and behaviors: A meta-analytic review. *Clinical Psychology Review*, 43, 30-46.

- Morris, M. C., Kouros, C., **Fox, K. R.**, Rao, U., & Garber, J. (2014). Interactive models of depression vulnerability: The role of childhood trauma, dysfunctional attitudes, and coping. *British Journal of Clinical Psychology*, 53, 245-263.
- Guan, K., **Fox, K. R.**, & Prinstein, M. J. (2012). Nonsuicidal self-injury longitudinally predicts adolescent suicide ideation and attempts in a diverse community sample. *Journal of Consulting and Clinical Psychology*, 80, 842-849.
- Prinstein, M. J., **Fox, K. R.**, Guan, K., Arthur, M. S., & Gur, S. (2012). Psychologists' and trainees' perceptions of the future of clinical psychology. *The Behavior Therapist*, 35(6), 101-106.

Publications Under Review

- Fox, K. R.**, Huang, X. I., Linthicum, R., Wang, S. B., Franklin, J. C., & Ribeiro, J. D. (Under Review). Model Complexity Improves the Prediction of Nonsuicidal Self-Injury.
- Ribeiro, J. D., Huang, X. I., **Fox, K. R.**, Walsh, C., & Linthicum, R. (Under Review). Predicting Imminent Suicidal Thoughts and Nonfatal Attempts: The Role of Complexity.
- Fox, K. R.**, Wang, S. B., Boccagno, E. C., Haynos, A. F., Kleiman, E. M., Hooley, J. M. (Under Review). Exploring Intent to Harm and Die from Direct and Indirect Self-Harm.
- Burke, T. A., **Fox, K. R.**, Zerkowicz, R. L., Smith, D. M. Y.,* Alloy, L. B., Hooley, J. M., Cole, D. A. (Revise and Resubmit). Short and longer-term effects of nonsuicidal self-injury on depression, self-esteem, and self-criticism.
- Smith, D. M. Y.,* **Fox, K. R.**, Wang, S. B., Hooley, J. M. (Under Review). Predictors of self-injury in sexual and gender minority adolescents.

Selected Posters and Conference Presentations

- Fox, K. R.**, Zerkowicz, R. L., Huang, X. I. (2017). *Self-Criticism impacts emotional responses to pain*. In X.I. Huang (chair), Experimental Designs: Integrating Science to Prevent Suicide and Self-Injury? Symposium presented at the 51st Annual Meeting of the American Association of Suicidology, Washington, D.C.
- Fox, K. R.**, Linthicum, R., Roots-Murdy, K., Huang, X. I. (2017). *Meta-Analysis of Treatments for Self-Injurious Thoughts and Behaviors*. In X.I. Huang (chair), Advancing Suicide Prevention with Novel Research and Statistical Methods. Symposium presented at the 51st Annual Meeting of the American Association of Suicidology, Washington, D.C.
- Fox, K. R.**, Zerkowicz, R. L., Huang, X. I. (2017). Updating the Self-Injurious Thoughts and

Behaviors Interview. In J. Harris (chair), Assessment of Suicidal Thoughts and Behaviors Across Research and Clinical Settings. Symposium presented at the 51st Annual Meeting of the American Association of Suicidology, Washington, D.C.

Fox, K. R. and Hooley, J. M. (2017). *Linking the Self with Nonsuicidal and Suicidal Self-Injury?* In X.I. Huang (chair), Where is the Self in Suicide and Nonsuicidal Self-Injury? Symposium presented at the 50th Annual Meeting of the American Association of Suicidology, Phoenix, AZ.

Huang, X. I., **Fox, K. R.**, Ribeiro, J. D., and Franklin, J. C. (2017). *Psychosis as a risk factor for suicidal thoughts and behaviors: A meta-analysis of longitudinal studies.* Paper presented at the 50th Annual Meeting of the American Association of Suicidology, Phoenix, AZ.

Smith, D. Y.,* **Fox, K. R.**, Hooley, J. M. (2016). *Correlates and predictors of self-injurious thoughts and behaviors in sexual and gender minority adolescents.* Poster presented at the 51st meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Allen, K. J. D., **Fox, K. R.**, and Hooley, J. M. (2017). *Self-criticism and behavioral impulsivity in NSSI.* In J.G. Stewart (chair), The impact of life stress on suicide and non-suicidal self-injury: Naturalistic and experimental evidence. Symposium presented at the 37th Annual Meeting of the Anxiety and Depression Association of America, San Francisco, CA.

Allen, K. J. D., Ngai, H. M., Goldstein, Y., **Fox, K. R.**, and Hooley, J. M. (2017). *Emotional response inhibition and BPD symptoms in nonsuicidal self-injurers.* Poster presented at the 37th Annual Meeting of the Anxiety and Depression Association of America, San Francisco, CA.

Fox, K. R. and Hooley, J. M. (2017). *Why does nonsuicidal self-injury improve mood?* Poster presented at the International Convention of Psychological Science, Vienna, Austria.

Fox, K. R., Harris, J. A., Smith, D.Y.,* Ingram, M.,* Bryan, C. J., Nock, M. K. (2016). *Self-injurious thoughts and behaviors interview (SITB), Version 2.0: Reliability and validity in a community sample.* Poster presented at the 50th meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Smith, D. Y.,* Ingram, M.,* **Fox, K. R.**, Hooley, J. M. (2016). *Self-criticism and NSSI in sexual and gender minority teens.* Poster presented at the 50th meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Fox, K. R., Toole, K. T.,* Hooley, J. M. (October, 2015). *Experiencing pain improves mood in*

highly self-critical people who self-injure. Poster presented at the 29th meeting of the Society for Research in Psychopathology, New Orleans, LA.

- Bentley, K. H., Franklin, J. C., Ribeiro, J. D., Kleiman, E. M., **Fox, K. R.**, & Nock, M. K. (2015, May). *The role of anxiety as a risk factor for suicidality: A meta-analysis*. In De Nadai, A., & Kleiman, E.M. (Co-chairs) Considering factors that underlie internalizing conditions: Comprehensive meta-analyses of suicidality, anxiety, and tic disorders. Symposium to be presented at the 49th Annual Conference of the Association for Behavior and Cognitive Therapies. Chicago, IL.
- Kleiman, E. M., Franklin, J. C., **Fox, K. R.**, Ribeiro, J. D., Bentley, K. H., & Nock, M. K. (2015, November). *Negative life events and suicide risk: A meta-analysis of suicidal thoughts, behaviors, and completions*. In De Nadai, A., & Kleiman, E.M. (Co-chairs) Considering factors that underlie internalizing conditions: Comprehensive meta-analyses of suicidality, anxiety, and tic Disorders. Symposium to be presented at the 49th Annual Conference of the Association for Behavior and Cognitive Therapies, Chicago, IL.
- Fox, K. R.**, Franklin, J. C., Nock, M. K., Hooley, J. M. (2015, May). *Critical test of a new nonsuicidal self-injury theory*. Poster presented at the 27th annual American Psychological Science Annual Convention, New York, NY.
- Franklin, J. C., **Fox, K. R.**, Harris, J., & Nock, M. K. (2014, November). *Suicidal Behaviors is associated with low implicit and explicit aversion to death/suicide stimuli*. In M. Prinstein (Chair), Measuring and predicting suicidal behaviors: New directions and innovative methods. Symposium presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Franklin, J. C., **Fox, K. R.**, Puzia, M. E., Lee, K. M., Prinstein, M. J., & Nock, M. K. (2014, November). *Re-establishing the instinctive barriers to nonsuicidal self-injury: Preliminary evidence for a new approach to treatment*. In K. Bentley (Chair), Utilizing technology to advance treatment for the range of direct and indirect self-injurious behaviors. Symposium presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Fox, K. R.**, Guan, K., & Prinstein, M. J. (2012, November). *Nonsuicidal self-injury longitudinally predicts adolescent suicide ideation and attempts in a diverse community sample*. Poster presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Fox, K. R.**, Morris, M. C., & Garber, J. (2010, October). *Correlates of recurrent depression*. Poster presented at the annual Tennessee Psychological Association Conference, Nashville, TN.

Ad Hoc Journal Reviewer

2018	<i>Clinical Psychological Science, Suicide and Life Threatening Behavior, Depression and Anxiety, Psychotherapy Research, Psychiatry Research, Child and Adolescent Mental Health</i>
2017	<i>Suicide and Life Threatening Behavior, Clinical Psychological Science, Psychiatry Research</i>
2016	<i>Biological Psychiatry, Behavior Modification, Journal of Abnormal Psychology, PLOS One</i>
2015	<i>Journal of Experimental Psychopathology</i>
2014	<i>Clinical Psychology Review</i>

Outreach Experience

2016, 2017	Science in the News: Understanding suicide risk: how language, emotion, and pain influence self-harm. Delivered two hour-long presentations to the community.
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Teaching and Mentoring Experience

2018	Teaching Fellow, Abnormal Psychology, Harvard University, summer semester • Created syllabus for and taught three weekly discussion sections, in person and online, for 70 students • Graded exams, weekly response papers, and term papers • Led a three hour lecture on Schizophrenia and Psychotic Disorders • Overall Student Rating: 4.8/5
2017	Teaching Fellow, Psychology of Eating, Harvard University, summer semester • Created syllabus for and taught three weekly discussion sections for 53 students • Co-developed exam questions • Graded exams, classroom assignments, and weekly response papers • Overall Student Rating: 4.6/5
2016	Teaching Fellow, Social Psychology, Harvard University, spring and fall semesters • Taught two weekly discussion sections for 32 students • Co-developed exam questions • Graded exams, weekly response papers, and essay assignments • Helped students to design and execute personal research projects, including experimental design, participant recruitment, data analysis, and writing in APA style • Overall Student Rating: 4.7/5 fall; 4.5/5 spring
2015	Teaching Fellow, Abnormal Psychology, Harvard University, fall semester • Created syllabus for and taught two weekly discussion sections for 30 students • Co-developed exam questions • Graded exams, weekly response papers, and literature review

- Overall Student Rating: 4.5/5

2017 Instructor, Understanding self-harm: What it is, why do people do it, and preliminary research on how to prevent it. Harvard University, Winter Term

- Designed and taught a 5-day “mini course,” sponsored by the Graduate Student Council, over the January term to members of the Harvard community.

Research Assistants Supervised

Undergraduate Psychology Honors Thesis Advisor

- Facilitated conceptualization and design of research study for two undergraduate students pursuing Honors Thesis in Psychology. Supervised all aspects of study.
- Met with students regularly to assist with: thesis proposal, IRB submission, data collection, data management, data analysis, and writing final report.

2017-Present Claire Pinson Thesis: *Disordered Eating Behaviors in NCAA Swimmers*. Project ongoing.

2017-2018 Isa O’Sullivan Thesis: *Pain, Self-Punishment, and Atonement*. Honors level: High.

2016-2017 Diana Smith Thesis: *Minority Stress, Discrimination, and Self-Injury Related Variables in Sexual Minority Adolescents*. Honors level: Magna Plus. Manuscripts in preparation for submission at peer-reviewed journal.

Multi-Term Undergraduate and Graduate Student Research Assistants

2017-2018	Claire Pinson	2014-2016	Kaitlyn Toole
2016-2018	Isa O’Sullivan	2016-2017	Anita Kwashie
2015-2017	Diana Smith	2016-2017	Neha Dhawan
2015-2016	Viviane Valdes	2016	Patrick McGuinness
2015-2018	Mikaela Ingram	2013	Hae Young Min

Summer Semester Research Assistants

2017	Dani Grant, Bunker Hill Community College, Graduate Student
2016, 2017	Olga Revzina, Bates University, Undergraduate Student
2016	Summer Peterson, Bates University, Undergraduate Student
2016	Sophie Landay, University of Chicago, Undergraduate Student
2015	Tatiana Hill, Summer Research Opportunities at Harvard University
2014	Tia Tyndal, Summer Research Opportunities at Harvard University

Heart Rate Coding Team, Department of Psychology, UNC-Chapel Hill.

- Selected, trained, and provided direct oversight for 10 undergraduate students to edit cardiac data using MindWare software.
- Developed training protocols and provided both one-on-one and group supervision to students.
- Led regular meetings to review program skills and maintain reliability.

Clinical Experiences and Training

- 2013-2018 **Laboratories of Drs. Hooley and Nock**, Harvard University, Cambridge, MA
Clinical Psychology Graduate Student /Interviewer and Risk Assessor. Supervisors: Jill Hooley, D.Phil.; Matthew Nock, Ph.D.
- Administered Self-Injurious Thoughts and Behaviors Interview (100+) with adults presenting with current and prior history of nonsuicidal and suicidal thoughts and behaviors as part of several research studies.
 - Determined current level of risk, conducted risk assessments when needed, and created safety plans with participants at risk of future self-injury.
 - Trained and supervised research assistants in conducting structured interviews, risk assessments, and safety planning.
- 2016-2017 **Metrowest Neuropsychology LLC**, Westborough, MA
Practicum Student in Assessment. Supervisor: Stacy Horner, Ph.D.
- Conducted cognitive, intellectual, personality, social-emotional, and neuropsychological assessments with youth ages 10-16 at public charter schools.
 - Administered tests, scored and interpreted results, wrote integrated reports, and provided recommendations to schools and families.
 - Presented results and provided recommendations during Individualized Education Program meetings that included parents/guardians and teachers.
- 2015-2016 **Gunderson Residence, McLean Hospital**, Cambridge, MA
Group Leader and Skills Coach. Supervisors: Lois Choi-Kain, M.D., M.Ed.; Karen Jacob, Ph.D.; Brandon Unruh, M.D.
- Led and co-led Dialectical Behavior Therapy (DBT) skills groups, including Distress Tolerance, Interpersonal Effectiveness, and Mindfulness, as well as Psychoeducation groups related to suicide and self-harming behaviors.
 - Provided individual DBT skills coaching for adult women in residential treatment for Borderline Personality Disorder (BPD).
 - Observed and practiced DBT, Cognitive Behavioral Therapy (CBT), and Mentalization-Based Treatment (MBT) in group and individual sessions.
- 2014-2015 **Obsessive Compulsive Disorder Institute**, McLean Hospital, Belmont, MA
Exposure and Response Prevention Coach and Diagnostic Interviewer. Supervisors: Carol Hevia, Psy.D.; Jason Elias, Ph.D.; Nathaniel Van Kirk, Ph.D.
- Provided Exposure and Response Prevention (ERP) treatment with residential patients, aged 16-62, presenting with severe Obsessive Compulsive Disorder (OCD).
 - Administered diagnostic interviews with new patients (i.e., Structured Clinical Interview for DSM (SCID), SCID-II, Montreal Cognitive Assessment). Scored and interpreted results.
 - Participated in weekly meeting to discuss diagnostic interviews and new patient symptom profiles.
 - Observed individual intake sessions to assess patient history and symptom

severity, and observed group therapy sessions focused on Mindfulness and Acceptance & Commitment Therapy.

- 2011-2012 **Department of Psychology, University of North Carolina**, Chapel Hill, NC
Project Coordinator and Interviewer. Supervisors: Mitchell Prinstein, Ph.D.; Joseph Franklin, Ph.D.
- Administered structured diagnostic interviews (i.e., Mini-International Neuropsychiatric Interview, Self-Injurious Thoughts and Behaviors Interview) to adolescent girls, ages 12-16, and to adults, ages 18-30, with a history of recent and frequent self-injury.
- 2011 **Vanderbilt Psychiatric Hospital**, Nashville, Tennessee
Intern in the Child and Adolescent Inpatient Unit
- Administered spelling and math portions of the Wide Range Achieving Test (WRAT) to adolescent and child inpatients.
 - Led classroom activities with 6-15 inpatient adolescents. Participated in treatment team meetings involving patient diagnosis, case conceptualization, and treatment planning.
- 2009 **Youth Activity Program, Safe Shores**, Washington D.C.
Intern
- Developed and implemented activities to prepare 50+ children for forensic interviews, therapy sessions, and/or court appearances.

Clinical Workshops and Trainings

- 2016 **Mentalization-Based Treatment Training**
 2015 **Psychology Testing Seminar**, Harvard University
 2015 **SCID-5 Training Seminar**, Harvard University

Selected Skills

Statistical Packages: Proficient with SPSS, R, Comprehensive Meta-Analysis

Software: Microsoft Word, Excel, PowerPoint, Inquisit

Physiological Programs: MindWare Software: BioLab, Heart Rate Variability (HRV), and Impedance (IMP)

Language: Proficient in Spanish (10 years of study)

Online Research: Qualtrics, Amazon's Mechanical Turk, social media recruitment, online treatment study execution