

*CURRICULUM VITAE***Kathryn R. Fox**

Department of Psychology, Harvard University
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Education

- 2015-
Present *Harvard University*
Ph.D. Candidate, Clinical Science
- 2013-
2015 *Harvard University*
M.A., Psychology (APA & PCSAS accredited)
Thesis: Mechanisms of mood improvement in NSSI
- 2007-
2011 *Vanderbilt University*
Bachelor of Science, *Cum Laude*, May 2011
Majors: Cognitive Studies and Psychology
- 2010 *University of Barcelona*
CIEE Advanced Liberal Arts Immersion Program (January-June 2010)

Honors and Awards

- 2011 Excellence in Cognitive Studies Award
- 2011 High Honors, Senior Thesis: Correlates and predictors of recurrent depression.
Advisor: Judy Garber, Ph.D.
- 2010 Vanderbilt University Summer Research Fellowship
Merit-based fellowship of \$4,000 awarded for summer thesis research
- 2007-
2011 Vanderbilt University Dean's List each semester at Vanderbilt
- 2010 -
Present Member of Psi Chi International Honor Society in Psychology

Grants and Fellowships

- 2016 **Sackler Scholar Programme Award in Psychobiology**
Principal Investigator
Amount: \$14,000
- 2014 **Barbara Ditmars Research Fund, Harvard University**
Principal Investigator
Amount: \$3,500

2012, 2015, **Stimson Research Award, Harvard University**
 2016 Principal Investigator
 Amount: \$1,000 per award

Peer-Reviewed Publications *indicates trainee author/presenter

Fox, K.R., Toole, K.E.,*, Franklin, J.C., & Hooley, J.M. (in press). Why does nonsuicidal self-injury improve mood? A preliminary test of three hypotheses. *Clinical Psychological Science*.

Fox, K.R., Millner, A.J., & Franklin, J.C. (in press). Classifying nonsuicidal overdoses: Nonsuicidal self-injury, suicide attempts, or neither? *Psychiatry Research*.

Chang, B.P., Franklin, J.C., Ribeiro, J.D., **Fox, K.R.**, Bentley, K.H., Kleiman, E.M., & Nock, M.K. (in press). Biological risk factors for suicidal behaviors: A meta-analysis. *Translational Psychiatry*.

Franklin, J. C., Ribeiro, J. D., **Fox, K. R.**, Bentley, K. H., Kleiman, E. M., Jaroszewski, A. C., Bernard, P. C., Nock, M. K. (In Press). Risk factors for suicidal thoughts and behaviors: A meta-analysis of 50 years of research. *Psychological Bulletin*.

Ribeiro, J., Franklin, J., **Fox, K.**, Kleiman, E., Bentley, K., Chang, B., & Nock, M. (2016). Suicide as a complex classification problem: Machine learning and related techniques can advance suicide prediction. *Psychological Medicine*.

Franklin, J. C., **Fox, K. R.**, Franklin, C. R., Kleiman, E. M., Ribeiro, J. D., Jaroszewski, A. C., Hooley, J. M., Nock, M. K. (2016). A brief mobile app reduces nonsuicidal and suicidal self-injury: Evidence from three randomized control trials. *Journal of Consulting and Clinical Psychology*, 84(6), 544.

Fox, K. R., Franklin, J. C., Ribeiro, J. D., Kleiman, E. M., Bentley, K. H., & Nock, M. K. (2015). Meta-analysis of risk factors for nonsuicidal self-injury. *Clinical psychology review*, 42, 156-167.

Ribeiro, J. D., Franklin, J. C., **Fox, K. R.**, Kleiman, E. M., Bentley, K. H. Nock, M. K. (2016). Self-Injurious Thoughts and Behaviors as Risk Factors for Future Suicide Ideation, Attempts, and Death: A Meta-Analysis of Longitudinal Studies. *Psychological medicine*, 46(02), 225-236.

Bentley, K. H., Franklin, J. C., Ribeiro, J. D., **Fox, K. R.**, Nock, M. K. (2016). Anxiety and its disorders as risk factors for suicidal thoughts and behaviors: A meta-analytic review. *Clinical psychology review*, 43, 30-46.

Morris, M.C., Kouros, C., **Fox, K. R.**, Rao, U., & Garber, J. (2014). Interactive models of depression vulnerability: The role of childhood trauma, dysfunctional attitudes, and coping. *British Journal of Clinical Psychology*, 53, 245-263.

Guan, K., **Fox, K.R.**, & Prinstein, M.J. (2012). Nonsuicidal self-injury longitudinally predicts

adolescent suicide ideation and attempts in a diverse community sample. *Journal of Consulting and Clinical Psychology*, 80(5), 842-849.

Prinstein, M.J., **Fox, K.R.**, Guan, K., Arthur, M.S., & Gur, S. (2012). Psychologists' and trainees' perceptions of the future of clinical psychology. *the Behavior Therapist*, 35(6), 101-106.

Publications Under Review *indicates trainee author/presenter

Fox, K.R., Franklin, J.C., Ribeiro, J. D., Kleiman, E. M., Hooley, J.M., Nock, M. K. (Under Review). Affect toward the self and self-injury stimuli as potential risk factors for nonsuicidal self-injury.

Franklin, J.C., **Fox, K.R.**, Ribeiro, J.D. (Under Review). How to Implement Therapeutic Evaluative Conditioning in a Clinical Setting.

Conference Presentations

Fox, K. R., Toole, K.T.*, Hooley, J. M (October, 2015). *Experiencing pain improves mood in highly self-critical people who self-injure*. Poster presented at the 29th meeting of the Society for Research in Psychopathology, New Orleans, LA.

Bentley, K. H., Franklin, J. C., Ribeiro, J. D., Kleiman, E. M., **Fox, K. R.**, & Nock, M. K. (2015, May). *The role of anxiety as a risk factor for suicidality: A meta-analysis*. In De Nadai, A., & Kleiman, E.M. (Co-chairs) Considering Factors that Underlie Internalizing Conditions: Comprehensive Meta-Analyses of Suicidality, Anxiety, and Tic Disorders. Symposium to be presented at the 49th Annual Conference of the Association for Behavior and Cognitive Therapies. Chicago, IL.

Kleiman, E.M., Franklin, J.C., **Fox, K.R.**, Ribeiro, J.D., Bentley, K.H., & Nock, M.K. (2015, November). *Negative life events and suicide risk: A meta-analysis of suicidal thoughts, behaviors, and completions*. In De Nadai, A., & Kleiman, E.M. (Co-chairs) Considering Factors that Underlie Internalizing Conditions: Comprehensive Meta-Analyses of Suicidality, Anxiety, and Tic Disorders. Symposium to be presented at the 49th Annual Conference of the Association for Behavior and Cognitive Therapies, Chicago, IL.

Fox, K. R., Franklin, J. C., Nock, M. K., Hooley, J. M. (2015, May). *Critical test of a new nonsuicidal self-injury theory*. Poster presented at the annual American Psychological Association Conference, New York, NY.

Franklin, J.C., **Fox, K.R.**, Harris, J., & Nock, M.K. (2014, November). Suicidal Behaviors is associated with low implicit and explicit aversion to death/suicide stimuli. In M. Prinstein (Chair), Measuring and predicting suicidal behaviors: New directions and innovative methods. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Franklin, J.C., **Fox, K.R.**, Puzia, M.E., Lee, K.M., Prinstein, M.J., & Nock, M.K. (2014,

November). Re-establishing the instinctive barriers to nonsuicidal self-injury: Preliminary evidence for a new approach to treatment. In K. Bentley (Chair), Utilizing technology to advance treatment for the range of direct and indirect self-injurious behaviors. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Fox, K. R., Guan, K., & Prinstein, M. J. (2012, November). *Nonsuicidal self-injury longitudinally predicts adolescent suicide ideation and attempts in a diverse community sample*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Fox, K. R., Morris, M. C., & Garber, J. (2010, October). *Correlates of recurrent depression*. Poster presented at the annual Tennessee Psychological Association Conference, Nashville, TN.

Clinical Experience

2016-Present	Practicum Student in Assessment Metrowest Neuropsychology LLC, Westborough, MA Supervisor: Stacy Horner, PhD
2015-2016	Clinical Practicum Student McLean Hospital, Gunderson Residence Supervisors: Lois W. Choi-Kain, M.D., M.Ed.; Karen Jacob, Ph.D.; Brandon Unruh, M.D.
2014-2015	Behavioral Coach McLean Hospital, OCD Institute Supervisors: Carol Hevia, Psy.D.; Jason Elias, Ph.D.
2014	Clinical Practicum Student Department of Psychiatry, Cambridge Health Alliance, Cambridge, MA <u>Supervisors</u> : Kimberlyn Leary, Ph.D.; Adam Conklin, Ph.D.; Diya Kallivayalil, Ph.D.
2011	Intern in the Child and Adolescent Inpatient Unit Vanderbilt Psychiatric Hospital, Nashville, Tennessee.

Teaching and Mentoring Experience

2016-2017	Undergraduate Psychology Thesis Advisor Diana Smith Thesis: Minority Stress, Discrimination, and Self-Injury Related Variables in Sexual Minority Adolescents
2015-2016	Harvard University Teaching Fellow, Department of Psychology Social Psychology, spring 2016 and fall 2016 Abnormal Psychology, fall semester 2015

Research Assistants Supervised – Primary Advisor

Harvard University Undergraduate Student Research Assistants

2015-Present Diana Smith
2016-Present Isa O'Sullivan
2015 Viviane Valdes

Harvard University Graduate Student Research Assistants

2015-Present Mikaela Ingram, Harvard University Graduate Student Research Assistant
2014-2016 Kaitlyn Toole, Harvard University Graduate Student, Research Assistant
2013 Hae Young Min, Harvard University, Graduate Student Research Assistant

Post-baccalaureate Research Assistants

2016-Present Anita Kwashie
2016-Present Neha Dhawan
2016-Present Patrick McGuinness

Summer Semester Research Assistants

2016 Olga Revzina, Bates University Undergraduate
2016 Summer Peterson, Bates University Undergraduate
2016 Sophie Landay, University of Chicago
2015 Tatiana Hill, Summer Research Opportunities at Harvard University
2014 Tia Tyndal, Summer Research Opportunities at Harvard University

2011 - **Heart Rate Coding Team, Chapel Hill, NC.**
2012 Created a team of 10 undergraduate students to edit cardiac data using MindWare software. Develop training protocols and provide both one-on-one and group supervision to students as they gain proficiency using the programs. Lead regular meetings to review program skills and maintain reliability.

Ad Hoc Referee Article Review

2016 Biological Psychiatry, Behavior Modification, Journal of Abnormal Psychology, PLOS One
2015 Journal of Experimental Psychopathology
2014 Clinical Psychology Review

Selected Skills

Statistical Packages: Proficient with SPSS and R.

Software: Microsoft Word, Excel, PowerPoint, Comprehensive Meta Analysis 2.0, Inquisit.

Physiological Programs: MindWare Software: BioLab, Heart Rate Variability (HRV), and Impedance (IMP).

Language: 3rd year college level proficiency in Spanish (10 years of study).