

CURRICULUM VITAE

ELLEN F. FINCH

Department of Psychology, Harvard University
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EDUCATION

- 2018- Present HARVARD UNIVERSITY, Cambridge, MA
Ph.D. Student In Clinical Science
Advisor: Jill M. Hooley, D.Phil.
- 2012-2016 WILLIAMS COLLEGE, Williamstown, MA
Bachelor of Arts Degree in Psychology, *Magna Cum Laude*, Phi Beta Kappa

HONORS

- 2016 Class of 2016 Marshall, Williams College
- 2015 *Phi Beta Kappa*, early induction, Williams College
- 2014 Psychology Department Class of 1960s Scholar, Williams College

PUBLISHED MANUSCRIPTS

1. Masland, S.M., Price, D., MacDonald, J.M., **Finch, E.F.**, Gunderson, J.G., & Choi-Kain, L.W. (in press). The enduring effects of one-day training in General Psychiatric Management on clinician attitudes about BPD. *Journal of Nervous and Mental Disease*.
2. **Finch, E. F.**, Brickell, C. M., & Choi-Kain, L. W. (2018). General psychiatric management: An evidence-based treatment for borderline personality disorder in the college setting. *Journal of College Student Psychotherapy*, 1-13.
3. Choi-Kain, L.W., Glasserman, E.I., & **Finch, E. F.** (2018). Borderline personality disorder: Treatment resistance reconsidered. *Psychiatric Times*.
4. Choi-Kain, L.W., **Finch, E. F.**, Masland, S. R., Jenkins, J. A., & Unruh, B. T. (2017). What works in the treatment of borderline personality disorder. *Current Behavioral Neuroscience Reports*, 4(1), 21-30.

MANUSCRIPTS UNDER REVIEW

1. **Finch, E.F.**, Iliakis, E.A., Masland, S.R., & Choi-Kain, L.W. (under review). Efficacy of Treatment as Usual for Borderline Personality Disorder: A Meta-Analysis.

MANUSCRIPTS IN PREPARATION

1. **Finch, E.F.**, & Gunderson, J.G. (in preparation). Measure to assess basic knowledge of treating patient with borderline personality disorder: Development and psychometric testing.
2. Masland, S.R., **Finch, E.F.**, Hooley, J.M (in preparation). Perceived criticism: A meta-Analysis.
3. Masland, S.R., **Finch, E.F.**, MacDonald, J.M., Glasserman, E.I., Gunderson, J.G., & Choi-Kain, L.W. (in preparation). Clinician's attitudes about borderline personality disorder predict physiological reactivity to borderline stimuli.

CHAPTERS

1. Choi-Kain, L.W., Weinberg, I., & **Finch, E.F.** (in press). General Psychiatric Management for other personality disorders. In L.W. Choi-Kain & J.G. Gunderson (Ed.), *Handbook of GPM applications: A practical guide*. Arlington, VA: American Psychiatric Press, Inc.
2. Hersh, R. & **Finch, E.F.** (in press). General Psychiatric Management for college mental health settings. In L.W. Choi-Kain & J.G. Gunderson (Ed.), *Handbook of GPM applications: A practical guide*. Arlington, VA: American Psychiatric Press, Inc.
3. Adler, K., Choi-Kain, L.W., **Finch, E.F.**, Rodriguez-Villa, A (in press). General Psychiatric Management for primary care settings. In L.W. Choi-Kain & J.G. Gunderson (Ed.), *Handbook of GPM applications: A practical guide*. Arlington, VA: American Psychiatric Press, Inc.
4. Choi-Kain, L.W. & **Finch, E.F.** (2019). Corrective experience to get a life: Using General Psychiatric Management as a framework for BPD treatment. In Kramer, U.E. (Ed.), *Case Formulation for Personality Disorders*. Amsterdam, Netherlands: Elsevier.

CONFERENCE PRESENTATIONS

1. **Finch, E.F.**, E.A. Iliakis, Masland, S.R., & Choi-Kain, L.W. (2018, September) *Is treatment as usual effective for borderline personality disorder: A meta-analysis*. European Society for the Study of Personality Disorders, Sitges, Spain.
2. Iliakis, E.A., Sonley, A., **Finch, E.F.**, Ilagan, G.S., & Choi-Kain, L.W. (2018, September) *Assessing the Feasibility of Dissemination of Evidence-Based Treatment Modalities for Borderline Personality Disorder*. European Society for the Study of Personality Disorders, Sitges, Spain.
3. **Finch, E.F.**, Masland, S.R., Choi-Kain, L.W. (2018, April) *Is treatment as usual effective for borderline personality disorder: A meta-analysis*. North American Society for the Study of Personality Disorders, New York City New York.

4. Choi-Kain, L.W. & **Finch, E.F.** (2017, October). *Integration of evidence-based treatment techniques in a case of co-morbid BPD and Autism: Testing the limits of different approaches*. Harvard Attachment Conference, Cambridge, MA.
5. Masland, S.R., **Finch, E.F.**, & Hooley, J.M. (2017, September). Brief training in Good Psychiatric Management (GPM) improves clinicians' attitudes about borderline personality disorder. Society for Research in Psychopathology, Denver, CO.
6. Choi-Kain L.W. & **Finch, E.F.** (2017, August). *Borderline personality disorder in adolescents: Stepped care*. Global Alliance for Prevention and Early Intervention for Borderline Personality Disorder, San Juan, Puerto Rico.
7. Choi-Kain, L.W. & **Finch, E.F.** (2017, August). *Borderline personality disorder: What works and future directions*. Georgia Psychiatric Association, Amelia Island, FL.
8. **Finch, E.F.** & Gunderson, J.G. (2017, July). *General Psychiatric Management quiz: Preliminary data and future directions*. General Psychiatric Management Trainers Conference, Belmont, MA.
9. Choi-Kain, L.W. & **Finch, E.F.** (2017, June). *Evidence-based treatments for borderline personality disorder: A stepped care model*. Lausanne University Hospital, Department of Psychiatry, Lausanne, Switzerland.
10. Choi-Kain, L.W. & **Finch, E.F.** (2017, June). *Borderline personality disorder*. Harvard Psychiatry, Boston, MA.
11. Choi-Kain & **Finch, E.F.** (2017, April). *Mechanisms of change in the treatment of borderline personality disorder*. North American Society for the Study of Personality Disorders, New York City, NY.
12. Choi-Kain, L.W. & **Finch, E.F.** (2017, April). *Contemporary applications of transference-focused psychotherapy*. North American Society for the Study of Personality Disorders, New York City, NY.
13. **Finch, E.F.**, Masland, S.R., Choi-Kain, L.W., MacDonald, J.M., & Gunderson, J.G. (2017, January). *Learning Good Psychiatric Management (GPM): Preliminary Data*. McLean Research Day, Harvard Medical School, Belmont, MA.
14. Choi-Kain, L.W., & **Finch, E.F.** (2016, November). *Borderline personality disorder: Managing suicidality and complex comorbidity*. Instituto de Sexualidad Humana, Santo Domingo, Dominican Republic.
15. **Finch, E. F.**, & Sockol, L.E. (2016, October). *Demographic and psychiatric correlates of maternal attitudes in postpartum women*. Association for Behavioral and Cognitive Therapies, New York City, NY.
16. Heatherington, L. , Bonner, B., Linsley, J., **Finch, E. F.**, & Finston, L. (2016, August). *From service to science: A 15-year study of outcomes of residential treatment for severe and*

persistent mental illness. NIMH Conference on Mental Health Services Research, Bethesda, MD.

RESEARCH EXPERIENCE

- 2018-Present CLINICAL RESEARCH LABORATORY
Graduate Research Assistant
Harvard University | PI: Jill M. Hooley, D.Phil.
- 2016-2018 BORDERLINE PERSONALITY DISORDER TRAINING INSTITUTE
Study Coordinator and Research Assistant
McLean Hospital | PIs: Lois Choi-Kain, M.D., M.Ed., Sara Masland, Ph.D., John Gunderson, M.D.
- 2015-2016 RESIDENTIAL TREATMENT OUTCOMES STUDY
Research Assistant
Williams College Department of Psychology | PI: Laurie Heatherington, Ph.D.
- 2014-2015 MATERNAL ATTITUDES AND PARENTING LAB
Research Assistant
Williams College Department of Psychology | PI: Laura Sockol, Ph.D.
- 2012-2013 UNITED STATES GEOLOGICAL SURVEY
Research Assistant
USGS New Hampshire and Maine Offices | PI: Joseph Ayotte

CLINICAL EXPERIENCE

- 2016-2018 MCLEAN HOSPITAL ADULT BORDERLINE CENTER, *Belmont, MA*
Assistant to Director
Supervisors: Lois Choi-Kain, M.D. & John Gunderson, M.D.
♦ Observed weekly rounds, case conferences, and special lectures at the adult borderline center and other hospital departments, and intensive residential treatment at the Gunderson Residence
- 2015-2016 BERKSHIRE MEDICAL CENTER, *Pittsfield, MA*
Psychiatric Care Intern, Inpatient and Outpatient Psychiatric Units
♦ Interned 10 hrs/wk in the Partial Hospitalization Program and Inpatient Care Units as part of an advanced course on clinical and community psychology
♦ Revised and organized all partial hospitalization group materials (e.g. handouts, lesson plans) to create a user-friendly resource for clinicians
- 2014-2015 TURNER HOUSE LIVING CENTER FOR VETERANS, *Williamstown, MA*
Volunteer

- ◆ Designed and implemented a computer literacy course for mentally ill veterans in assisted living

2015 GOULD FARM THERAPEUTIC RESIDENTIAL COMMUNITY, *Monterey, MA*
Volunteer

- ◆ Assisted individuals with schizophrenia, bipolar disorder, and major depression with vocational rehabilitation (field and grounds maintenance projects)

TEACHING AND MENTORING EXPERIENCE

2016-2018 MCLEAN HOSPITAL ADULT BORDERLINE CENTER, *Belmont, MA*
Research Assistant Supervisor

2015-2016 JUNIOR ADVISOR ADVISORY BOARD, *Williamstown, MA*
Senior Board Member, Williams College

2014-2015 ENTRY SYSTEM, *Williamstown, MA*
Junior Advisor, Williams College

2014-2015 WILLIAMS COLLEGE, *Williamstown, MA*
Teaching Assistant, Psychological Disorders

2013 MT. GREYLOCK REGIONAL HIGH SCHOOL, *Williamstown, MA*
Course Developer and Instructor: “Scientific Presentations”

2012-2016 WILLIAMS OFFICE OF ACADEMIC RESOURCES, *Williamstown, MA*
Tutor: psychology, neuroscience, and political science undergraduate courses

OTHER PROFESSIONAL EXPERIENCE

2016-2018 THE “GOOD ENOUGH” GPM NEWSLETTER
Managing Editor
McLean Hospital | Editors: John Gunderson, M.D., Lois Choi-Kain, M.D., M.Ed

2016-2018 BORDERLINE PERSONALITY DISORDER TRAINING INSTITUTE
Business Manager
McLean Hospital | Director: Lois Choi-Kain, M.D., M.Ed

LEADERSHIP

2016 Class of 2016 Co-President, *Williams College*

2014-2016 Vice President for Student Affairs, *Williams College College Council*

2015-2016 Director, *Entertainment Co-Sponsorship Fund, Williams College*
2013-2015 Trip Leader, *Overland Summers, Inc*
2013-2016 Director, *Learn to Ski Program, Williams College Physical Education*
2013-2016 Founder & President, *Nordic Ski Club, Williams College*
2013-2015 Advisor, *Freshman Council, Williams College*
2012-2013 Secretary, *Freshman Council, Williams College*

SELECTED SKILLS

R, SPSS, Comprehensive Meta-Analysis, Microsoft Office (excel, word, power point), eSense (biophysiologic measurement device), Endnote, Keynote, Wilderness First Aid Certified

PROFESSIONAL AFFILIATIONS

North American Society for the Study of Personality Disorders: Trainee Member
Society for Psychotherapy Research: Student Member
American Psychological Association: Student Affiliate
American Psychological Association of Graduate Students: Member